



AORTA

ALPHA OMEGA REVIEW OF TORONTO ALUMNI CHAPTER, PI CHAPTER | MAY 2026 VOL. 67. NO.4
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ALPHA OMEGA TORONTO CHAPTER

UJA WALK WITH ISRAEL 2026

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SUNDAY, JUNE 7TH, 2026



Annual Business Meeting

Thursday, May 28th, 2026
Bistro Grande Restaurant





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FLOSSOPHY WITH JORDAN



Dear AO Family,

This will be my final Aorta article as President. Reflecting on the past year, I find myself even more convinced of the enduring importance of Alpha Omega within our professional and broader community.

At the outset of my term, we recognized two key challenges: declining membership and the need to align our budget with current fiscal realities. In response, we implemented a strategic plan to reduce operating expenses by 20% annually over five years. This year, we successfully achieved that target through thoughtful adjustments, including scaling event expenditures and introducing partial cost-sharing for select social programs. These changes were made with care to preserve the quality of our offerings while ensuring long-term sustainability.

Our advocacy efforts have also been a defining component of this year. Several incidents required timely and coordinated responses, underscoring the essential role Alpha Omega plays in supporting the Jewish dental community in Toronto. Notably, concerns were raised regarding antisemitic cartoons presented during a lecture by the dean at the University of Toronto Faculty of Dentistry. Our organization acted quickly to advocate for students and the broader community. While outcomes are still pending, the experience highlighted both the importance and impact of organized, professional advocacy. I extend sincere thanks to our advocacy team, including Velarie Mabounsou and Richard Marcus, for their dedication and significant behind the scenes efforts.

This year's educational programming was

exceptionally strong. I would like to thank Wayne Wolfstadt for organizing an excellent series of Core 2 lectures. These included presentations by Jim Posluns (orthodontics for the general dentist), Dani Meyerson (endodontic advancements), Allan Katchky (risk management), Aaron Miller (pediatric dentistry), Jon Gasner (TMJ), and Galit Talmor (adhesive dentistry).

We also hosted a highly engaging joint event with the Jewish Medical Association, exploring artificial intelligence and Jewish law through multidisciplinary perspectives. In addition, an important advocacy webinar led by Naomi Nurgitz addressed navigating complex discourse surrounding Israel and Jewish identity. I thank Richard Marcus for organizing this timely program.

Our annual CPR night welcomed nearly 100 participants and was a great success. Thank you to Adam Kaplan for coordinating the event and delivering an additional lecture on cardiovascular disease.

The Core 1 seminars were equally impactful. In November, Dr. Aviv Ouanounou presented on commonly prescribed medications and pain management in dental practice. In February, Dr. Amir Azarpazhooh led sessions on the endodontic restorative continuum and management of cracked teeth. The associated charitable draw raised significant funds in support of our designated causes.

Community engagement remained strong throughout the year. We supported a successful pickleball tournament benefiting Tel Aviv University, raising over \$40,000. Thank you to Brian Laski for his leadership. Our annual Chanukah celebration, organized by Cindy Greenspoon, brought together more than 220 attendees for a memorable multigenerational gathering.

Our AO Revival lecture series organized by Laurel Linetsky-Fleisher, was a fabulous success. Amanda Jewson provided a lecture related to sleep habits which was very well attended.

continued on page 5

AORTA



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of Alpha Omega

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Next Executive Meeting

Thursday, May 28, 2026 (with ABM)

Next AORTA Deadline (August)

Monday, July 6, 2026

Notable Achievements

Please inform the AORTA of fraters or members of their families who have achieved success, honours or milestones.

Benevolence

Please call Lorne Chapnick regarding illnesses or deaths of fraters.
Email: lorne.chapnick@utoronto.ca
Home: (416) 782-1521

The opinions as expressed by the editors and columnists of the AORTA do not necessarily reflect the views of Toronto Alumni Chapter and/or its executive. All correspondence should be sent to the editor at barryreinblatt@sympatico.ca

DENTAL VOLUNTEERS FOR ISRAEL


Dentists needed... to treat disadvantaged children in Jerusalem who cannot help themselves.

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RCDSO PET EXAMS

Are you writing the RCDSO Pet exams? Do you want to join others who are writing for a study group?

Email **Velarie** at info@atoronto.org and we will put you together.

 **You are invited to join the Toronto Alpha Omega Fraternity group on Facebook**

Do you have a story to tell that other Fraters would love to hear?



Contact the AORTA editor **Barry Reinblatt** at barryreinblatt@sympatico.ca with your suggestions!

SPONSORSHIP PROGRAM

If any Alpha Omega member knows of individuals or corporations who may be interested in sponsoring our programs please let me know. This will ensure the quality of our programs and events.

Please email this information to stephenkay@sympatico.ca. To all committee chairmen, please forward a list of your corporate sponsors. Also please list the contacts and email addresses.

Thank you.
Stephen Kay

FROM THE EDITOR



I believe that every year at this time I mention how much I love spring! The trees are budding, the grass is turning a beautiful green, and people are starting to plant their flowers and gardens for the year. For Mother Nature, this is a time of rebirth; for Toronto Alumni Chapter, this is when we start winding down from another amazingly busy year so that we all can enjoy the summer weather.

In this issue, we will bring you up to date on recent programs, such as the AO Revival Cooking Class and the Winter Seminar and

Charitable Draw. There is information on some upcoming programs to finish off the year, including the Annual Business Meeting, the Sunday Morning Breakfast and Speaker, the UJA Walk With Israel, and Sailing Day.

There are also a number of interesting articles in this issue from Stan Kogon, David Burstein, Barry Korzen, and Steven Brown. Stan Markin has sent in pictures of a number of items of AO merchandise that he has collected over the years for you to peruse. We have a list of the graduating class of Pi Chapter and want to congratulate them all on their achievements.

Finally, I'm sure most of you are aware of the situation with the Dean at the UofT Faculty of Dentistry. International President Sharon Perlmutter shares with us a letter she has submitted to the Provost at the University regarding the investigation into this incident.

Please enjoy this edition of the AORTA.

Barry Reinblatt



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Reminder that we will be at the ODA ASM 2023 in May. Visit our booth and meet us in person!

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FLOSSOPHY WITH JORDAN *(Continued)*

Looking ahead, we have many upcoming exciting programs including the Sunday breakfast lecture organized by Alan Vinegar. Rivka Campbell will provide a lecture on the history of Jews in Jamaica. We also look forward to participating as a team in the UJA Walk for Israel on June 7, 2026, and to closing the year with our annual sailing event in July.

I would like to express my sincere appreciation to our line members: Jim Posluns, Beatrice Marr, Daniel Pesin, the advisor to the line, Brian Chapnick, and our executive administrator Velarie Mabounsou for their leadership and commitment throughout the year. I also extend a warm welcome to Yair Lenga as incoming secretary, and best wishes to Beatrice Marr as she prepares to assume the presidency.

Serving as President has been both an honour and a deeply meaningful experience. It has reinforced my belief that Alpha Omega is a vital pillar of connection, advocacy, and shared purpose within our community. As we navigate an evolving professional

landscape and broader societal challenges, the strength, relevance, and responsibility of this organization have never been more apparent.

With a strong foundation, thoughtful leadership, and an engaged membership, Alpha Omega is well positioned to endure, and lead with purpose in the years ahead. Thank you to my family for their unwavering support. I wish everyone a restful and enjoyable summer, and I look forward with confidence to the continued impact of Alpha Omega.

UPCOMING EVENTS

ANNUAL BUSINESS MEETING

Thursday, May 28, 2026
Registration and Hor D'oeuvres
6:30pm

Meeting 7:00pm
Bistro Grande Restaurant
1000 Eglinton Avenue West

UJA WALK WITH ISRAEL

Sunday, June 7, 2026
9:00am

SUNDAY MORNING BREAKFAST AND SPEAKER

Sunday, June 14, 2026
Rivka Campbell-The Jews of Jamaica
Beth Tikvah Synagogue
3080 Bayview Avenue

SAILING DAY

Wednesday, July 8, 2026
Island Yacht Club

SOCIETY NIGHT DINNER

Tuesday, September 15, 2026

Just A Reminder...

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...1000 WORDS BY BARRY KORZEN

GEDOR NATURE RESERVE - OLGA, ISRAEL

With travel being restricted within Israel - not by law but by common sense, it's amazing what can be found in this tiny but diverse country. The cliffs of the Gedor Nature Reserve in the Hadera suburb of Olga are stunning at any time of the day, but especially at sunset.



SLICE OF PI

**WE WOULD LIKE TO CONGRATULATE THE FOLLOWING MEMBERS
OF THE GRADUATING CLASS OF PI CHAPTER:**

Tabasom Maleki Kambakh
Lauren Fichman
Jack Weaver
Natalie Modreanu
Mariah Marentette
Mahta Salmasi
Omar Balbaa
Tanvi Sharma
Hongyan Liu
Tejinder Kaur

Ada Cristescu
Ethan Lau
Shehlanoor (Noor) Saiyed
Pedram Pakzad
Samantha Gorman
Yulia Jiang
Rojin Gharaezibaei
Anna Smythe
Payaswi Mohata
Celina Rizkalla

Navkiran Sandhu
Shivani Chachcha
Shanzeh Khan
Jayden Rouhi
Carolina Corredor
Nardin aYoub
Jessica Said
Gabriel Situ
Camryn Rohringer
Andrew Chan



AO TORONTO ALUMNI &
AO HOUSE ASSOCIATION'S

2026

**ANNUAL
BUSINESS
MEETING**

THURSDAY, MAY 28

**BISTRO GRANDE RESTAURANT
1000 EGLINTON AVE WEST**

6:30 PM - REGISTRATION & HOR D'OEUVRES

7:00 PM - START OF MEETING & DINNER

Please RSVP by May 21st

**Registration has been sent out via email.
If you have any questions please email the office:
info@atoronto.org**

AN UPDATE FROM INTERNATIONAL PRESIDENT, SHARON PERLMUTTER

As are most of my fellow Toronto Alumni and PI Chapter members, I am beyond distressed by the Dean's actions at University of Toronto Faculty of Dentistry in February. Many of you have expressed your opinions on this subject, and I am grateful for your input. Your letters have been most helpful. It is so very important that we speak out and support our students, as well as our Toronto Jewish community, especially now.

In an effort to keep you updated, below is a copy of my most recent communication to the University Provost's office. There have been a lot of meetings and discussions-too many to cover here. Unfortunately, there are still many unanswered questions, and we have not been advised as to what and when decisions will be made. I promise to do my best to advise you all as soon as I know anything.

Please feel free to reach out to me with any concerns, but know that we can only make suggestions. We have no role in decision making at the Faculty, but the Provost has been open to hearing us.

Be assured that AO will do whatever possible to get U of T to make a just decision and assign accountability. Most importantly, we will always support our students and faculty and keep them safe!!!

April 23, 2026

Dear Provost Young and Vice Provost Boon,

As President of ALPHA OMEGA International Dental Society, I write this on behalf of our membership of 1000's of dentists and dental students worldwide. We are a 125-year-old organization founded to combat antisemitism, specifically, and discrimination in general, in Dental Schools in North America. We now consist of dozens of Alumni and Student Chapters worldwide, including our PI Chapter at the Faculty of Dentistry, University of Toronto. We report to our Chapters all over the world, who are avidly following events happening here at the University of Toronto.

I was very happy to have had the opportunity to meet with Professor Boon last week and wanted to reiterate and share some issues with you both.

The events that took place in the 2nd year class at the University of Toronto Faculty of Dentistry this past February were indisputably horrific. Not only were the displayed images blatantly antisemitic on their face, but the fact that they were totally unrelated to dentistry made this even more appalling.

My primary concern is to hold those responsible accountable for these wholly unacceptable actions through fairness and due process, with the common goal of preventing any recurrence of these types of behaviour. ALPHA OMEGA Dental Society has a mandate to look after its members, and especially the students. We welcome a thorough and comprehensive investigation to find responsible follow-up and response.

The University has an obligation to educate in a safe and supportive environment. Politics, discrimination, and intimidation have no place in the classroom.

While I was pleased and impressed with the University's speedy reaction and initiation of an investigation, I am extremely disturbed by the fact that the process has not involved the students directly, nor is there any plan to release the report from which decisions will be made. How can there be a full or thorough analysis of what occurred if those who were the most affected were not involved in the inquiry? Comprehensive research and transparency are essential in reaching a just and fair decision.

I am confident that, like me, our students are, and should be, the primary concern here, but this affects the entire Jewish community. They were truly victims of this distressing series of events. This may have been an act of blatant antisemitism, or it may well have been inadvertently done out of ignorance or naivete. Neither should be acceptable behaviour by any educator in an institution as reputable and prestigious as the University of Toronto, and even less so of a dean. That said, we anxiously await the full report and the results of this investigation before finalizing our recommendations, and your subsequent decision.

It is the University's fundamental duty to protect its students and everyone in the University community, as well as all our responsibility to act in the interests of a fair and just society.

Antisemitism should never be tolerated. I do believe that here in Canada we are a civilized and equitable people. As such, there must be consequences for all acts of discrimination, or they will continue to thrive.

Thank you in advance for considering my concerns. Most importantly, I hope you will continue to provide the support and safety our students deserve.

I look forward to hearing from you.

Sincerely,

Dr. Sharon Perlmutter

DR. SHARON PERLMUTTER
International President
Alpha Omega International Dental Society

ALPHA OMEGA TORONTO CHAPTER SAILING DAY



WEDNESDAY, JULY 8, 2026
ISLAND YACHT CLUB

AO REVIVAL COOKING CLASS REPORT

The annual AO Revival cooking class took place on Monday Dec 8th, 2025 in the evening. We were so fortunate to have Chef Justin Friedlich back again this year to teach and cook for us that evening. Justin was most recently the Chef de Cuisine at Buca Yorkville. He has started a personal business with various entities including cooking classes, retail food sales and private dining experiences. He studied Business Management at the Ivey School of Business at Western University and Culinary Management at George Brown's Culinary Arts Program. Exciting news- he will be opening his own restaurant called Shay Ristorante sometime in late spring 2026. The address is 1055 Yonge St which is on the corner of Yonge and Roxborough St. Justin is the son of frater Joey Friedlich and his wife Linda. We were so fortunate to have him come be with us. Justin is a fabulous and entertaining teacher and the food was beyond delicious. Frater Tammy Herzog generously hosted this event at her beautiful home in Thornhill. It was a sold-out event as it is every year. We started the evening with a delicious cauliflower soup that was followed by a fennel, pear and endive salad with candied walnuts and goat cheese and a gnocchi in a butternut squash, brown butter and sage sauce that was exceptional! Our main was seabass with a tomato, olive, caper, garlic and chili sauce and the side was broccolini with chili, garlic and brioche crumbs. For dessert we had a salted caramel bread pudding with vanilla crème anglaise that was ridiculously delicious. Everything was beyond expectations! Justin prepared and taught us in Tammy's kitchen and then we all sat down to eat dinner together in her dining room. The evening was filled with great food, wine, learning, conversation and camaraderie. Justin was so fabulous that I have continued to hire him to do private dinners in my home.

Here are 2 recipes from our evening. The Seabass and the salted caramel bread pudding. Hope you enjoy!

If you have never attended this event and you love to cook or even just eat good food then I suggest signing up for this program early next year to guarantee a spot in one of our most popular and successful AO Revival programs of the year. Tickets this year were \$140.00 per person. The cost of the event is subsidized by Alpha Omega.

Huge thanks to Tammy Herzog for her generosity in hosting- having this event in her beautiful home is one of the reasons this event is so warm, inviting and enjoyable. Thank you to Jill Ziedenberg for her help in the planning stages and to Vel for her exceptional organizational abilities in making sure everything always runs smoothly.

Laurel Linetsky-Fleisher





recipe card

○ ● ○ ○ ○
DIFFICULTY

NAME OF DISH

Seabass with Puttanesca Sauce

CATEGORY

— Fish —

PREP TIME

— 20 Minutes —

COOK TIME

— 20 Minutes —

INGREDIENTS

- Seabass Fillets 150g per pc
- Olive Oil
- Garlic 4 pc
- Chili Flakes
- Tomato Passata
- White Wine 100ml
- Black Olives 120g
- Capers 3 tbsp
- Basil or Basil Cress 1 Handful
- White Wine 100ml
- White Anchovy 6 pc
- Lemon 2 pc

directions

- Heat oil and gently toast sliced garlic, anchovy and chili flakes
- Deglaze with white wine and reduce by half
- Add tomato, capers and olives. Bring to a gentle simmer for 5 minutes
- Cook fish on a parchment lined baking sheet at 425F for 8 minutes
- Spoon sauce onto the base of the plate
- Top with fish
- Finish with lemon juice, olive oil and fresh basil

notes



recipe card



DIFFICULTY

NAME OF DISH

Salted Caramel

CATEGORY

— Sauce —

PREP TIME

— 5 Minutes —

COOK TIME

— 10 Minutes —

INGREDIENTS

- Sugar 180g
- Heavy Cream 200 ml
- Butter 40g
- Maldon Salt 1 tsp

directions

- Add sugar and 2 tbsp of water to a pot and cook on medium heat until a deep amber color
- Off the heat, whisk in cream carefully. Make sure this is being done in a pot that is medium sized as it will boil up once added
- Once emulsified, whisk in butter and salt
- Cool slightly

notes



recipe card



DIFFICULTY

NAME OF DISH

Creme Anglaise

CATEGORY

Sauce

PREP TIME

5 Minutes

COOK TIME

15 Minutes

INGREDIENTS

- Milk 250ml
- Heavy Cream 150ml
- Vanilla 1 tsp
- Sugar 80g
- Egg Yolk 4

directions

- Heat milk, cream and vanilla over a medium heat to a bare simmer. Do not boil the liquid
- In a metal bowl, whisk yolks and sugar until smooth, pale yellow and slightly thickened
- Slowly stream in the milk mixture while whisking. Don't add too quickly or the eggs will scramble. Continue this until all the liquid is added
- Add back to pot on a medium low heat and cook until the liquid reaches 82C. Use a spatula to mix while cooking to ensure nothing sticks to the pot
- Set a bowl over ice water and transfer the liquid once it reaches 82c
- Once cool, transfer to a container and cover with plastic wrap. Chill minimum 2-3 hours or over night

notes



recipe card

○ ● ○ ○ ○
DIFFICULTY

NAME OF DISH

Bread Pudding

CATEGORY

— Dessert —

PREP TIME

— 45 Minutes —

COOK TIME

— 45 Minutes —

INGREDIENTS

- Brioche or Challah 500g
- Heavy Cream 250ml
- Vanilla 1 tbsp
- Sugar 120g
- Eggs 4
- Egg Yolks 2
- Milk 350ml

directions

- Heat milk, cream and vanilla over a medium heat to a bare simmer. Do not boil the liquid
- In a metal bowl, whisk yolks and sugar until smooth, pale yellow and slightly thickened
- Slowly stream in the milk mixture while whisking. Don't add too quickly or the eggs will scramble. Continue this until all the liquid is added
- Whisk in ½ cup of salted caramel. Let cool for 30 minutes.
- Cut or tear bread into 4 cm pieces. In a large mixing bowl, add the bread and the custard. Mix and let sit for 30 minutes. This can be done overnight also if you are planning ahead. Add mixture to baking dish lined with butter, bake at 325F for 35-45 minutes until the custard is just set
- To finish, cut a piece of pudding, add a generous scoop of creme anglaise, drizzle with salted caramel and a sprinkle of maldon salt

notes

2026 WALK WITH ISRAEL

JOIN TEAM ALPHA OMEGA



SUNDAY
JUNE **7**

**MEET UP SPOT
& LOCATION TBD
STARTS: 09:00AM
WALK FESTIVAL
11:00 AM**

UJA **WALK** WITH **ISRAEL**
2026

Please join our team for the annual UJA Walk with Israel. We want to have a big impact on the walk this year!



Open to all ages



Join us with your family!



Register your friends!

We are registered as: Alpha Omega Toronto

REGISTER FOR TEAM AO NOW

BLACK IN THE GOOD OLD DAYS



I admit that I have been a textbook hoarder for most of my professional life. I have kept most of my undergraduate and graduate school texts. In addition, during almost sixty years in academia, I amassed a pile of reference books, desk copies of Oral Pathology, Oral Medicine, Oral Diagnosis, and Oral Radiology texts, and many tomes of education-based material. To the heap, I have accumulated texts on fringe topics such as forensic dentistry, biostatistics, dermatology, osteology, and anthropology. I estimate that I had between 300-350 dental or dental-related books as well as many decades of bound and unbound journals. These were stored in both my university and home offices. Without question, there is a huge downside to book collecting. Books take up a great deal of space and are heavy. Most of all, the content gets old just sitting on the shelf. To stay current (texts are usually 3-5 years out of date when they are published), you need to obtain the new editions when they become available and, to save space and weight, dispose of the out-of-date editions. Even then, titles such as 'Modern Dental Materials' may be passé when you crack open the first page of the current edition. Digital pragmatists comment that keeping old texts is simply nostalgic and serves no useful purpose.

The next statement comes as no surprise to Aorta readers who are recent graduates: students today have no physical textbooks. Their texts, if they have any, are digital, which of course saves space and weight. Without the physical presence of texts, many students believe that all facts necessary to practice dentistry will be presented during their four undergraduate years. In other words, there

is nothing to learn outside of the course work. This observation is personified in some students who are neither actively engaged in nor take personal responsibility for their education. I have encountered students who have never visited the library or spent time in the stacks preparing an essay assignment. I readily acknowledge that my pedagogical views of student engagement are likely outdated, but I hold them to be essential in preparation for a professional career.

Although students are superb at manipulating their hand-held device, it is not the best tool for comparing data from various sources. Since digital searches invariably overlook past history, students, sadly have little appreciation for the trajectory of historical advancements and cannot recognise the most significant contributors. I remember a second-year student telling the class that rubber dam and all its associated paraphernalia were designed at Western's Faculty of Dentistry in the 1970s. For a person who treasures texts and our rich history, the general detachment from our past is dismaying. Teachers of my vintage have little influence on content delivery, and truly, you cannot turn back the clock. So, when I retired from full-time teaching, I piled 90% of my university office texts on a large table and offered them at no cost to any takers. Faculty took a few and the odd student claimed a text of recent vintage. Libraries do not want more stuff, so scores of books and more than 50 years of bound journals sadly went into the recycle bin.

A few years ago, we moved to a condo and my home library had to be downsized. After the experience at the dental school, I kept the texts I might need for my consulting service and some old favourites such as Worth's Principles and Practice of Oral Radiographic Interpretation, Shafer's Oral Pathology, Thoma's two volumes of Oral pathology, and Lucas's Pathology of Tumours of Oral Tissues. I also retained some texts that were given to me as gifts and a few in which I had the privilege of making a contribution. All the others went to the dump. There remained a group about 30 books which I could not give up.

Since graduation, I have collected books from all disciplines of dentistry that could be placed

in the category of antique-ish (around 100 years old). Some I picked up at garage sales and flea markets. Others I received as a gift. Retiring colleagues, knowing my predilection for old books, have given me a few. The oldest in my modest collection is dated 1878. The author was Charles Hunter who describes himself as a Mechanical Dentist, which is also the title of the book. The book deals with the construction of full and partial dentures from impressions (Plaster of Paris) to completion. Although materials such as vulcanite and celluloid were used to construct the bases, a current dental technician would have no difficulty recognizing a remarkable similarity to the processing of modern acrylic prostheses.

I have two texts authored by the renowned Harvard Professor of Oral Pathology and Oral Surgery, Kurt Thoma. His text 'Oral Anesthesia' dated 1920, apart from the syringe-hardware and pharmacology of the available anesthetic drugs, could be used in dental schools today. The use of radiography, demonstrating needle placement, is novel and considering that the text was published just 25 years after Roentgen made the first radiograph, is remarkable. Thoma's text, 'Oral Diagnosis with suggestions for treatment' was first published in 1936. It was an encyclopedic overview of oral disease, which was the foundation for later oral pathology and oral medicine texts by authors such as Shafer, Gorlin, and Lynch. The chapter on congenital and developmental dental defects is definitive and was the basis for Gorlin and Goldman's section on the same subject in Volume 1 of 'Thoma's Oral pathology'. I find myself frequently using these texts as well as R. Wheeler's later work, 'Textbook of Dental Anatomy' (1940), when consulting about congenital, developmental, and environmental dental issues in anthropology and forensic dentistry enquiries.

There is one text I would like to discuss in more depth. I submit that there is not a dentist, dental hygienist, or dental assistant who does not know G.V. Black's Class I-V (VI was added later) classification of restorative procedures based on the anatomic location of caries in the affected tooth. The descriptors hold a preeminent role in our clinical narrative. Black also was responsible for the

standardized and sequential approach to restorative dentistry. Every dental student refined their operative technique using Black's procedural rules: Outline form, Resistance form, Retention form, Convenience form, Removal of caries, Finish preparation of walls, Clean the preparation and then Place the restorative material. The formula 'Extension for Prevention' later changed slightly to 'Extension to Self-Cleansing' was proposed by Black and incorporated into the routine mechanics of restorative dentistry. He designed numerous hand instruments, developed a better foot-operated belt-drive drill, and his improved formula for dental amalgam was basically unchanged for 70 years. Black was a prolific author and his four-volume tome 'Work on Operative Dentistry' and 'Technical Procedures in Filling Teeth' became the backbone of operative dentistry for decades to come. Fittingly, he was conferred with the epithet Father of Modern Restorative Dentistry.

However, the book I have is 'Special Dental Pathology-Diseases and Treatment of the Investing Tissues of the Teeth and the Dental Pulp', 2nd ed. 1920. The first edition was published in 1915 and was authored by G.V. Black. The Preface to the 2nd ed was signed by his son Arthur Black and his preface contained the single sentence which reads '...since a reprinting of the first edition was necessary,minor changes have been made using notes taken during five years of the text's use in teaching.' When I first obtained this text, I mused that there might have been two G.V. Blacks. My experience as a student and then as a member of a dental faculty was that in dentistry there were two magisteria: the world of hard tissue repair and tooth replacement, and the world of diagnosis and management of diseases of the mouth with a focus on periodontal disease. These worlds simply did not overlap. Yet here was a substantive text of more than 425 pages written by the Father of Modern Restorative Dentistry that clearly was rooted in biology. It was an eye-opener to read major sections of this text.

A selection of Chapters and a few comments.

- Histology and physical functions of gingival tissues, cementum, and the periodontal ligament (PDL)

- History and Status of Replantation, Transplantation, and Implantation. Although there was no understanding of the rejection phenomenon, Black notes that when the body is confronted by a foreign or 'strange' tooth, cellular movement takes place and the usual outcome is failure. He reports that in only a few cases a tooth becomes 'tight.'

- A review of the current classification of gingival and periodontal diseases.

- Review and summary of calculus formation with microscopic drawings. He recognized the difference between the fresh deposit (plaque) and the harder material. He states that the soft, fresh deposits begin to calcify within 24 hours and, therefore, the need to remove them before calcification. Black makes a direct causal connection between calculus deposits and periodontal disease. He paid great attention to the use of instruments to remove deposits from roots and designed and modified numerous scalers for this purpose.

- A review of gingivitis induced by injury, including iatrogenic causes such as food impaction and poor restorative margins.

- Detailed explanation of the progression of periodontal disease from gingivitis to chronic advanced Stage 3 disease and tooth loss with radiographic examples.

- Prevention

He promoted the primary role of prevention and the education of patients in home care techniques. He recommended daily flushing off pockets with saline. This precedes the 20th century home use of oral irrigation devices. He devoted an entire chapter to mouth hygiene.

-He dispelled the use of strong caustics and antiseptics as they usually destroyed healthy tissue. For cases of active disease, he recommended flushing pockets 3x/day. He called this approach 'treatment by cleanliness.'

- Frequent vigorous irrigation with saline, rather than caustic antiseptics, was used with some success to treat necrotic ulcerative gingivitis

- Dental Pulp

He presented a review of the microscopic anatomy of the pulp tissue followed by its physiology and reaction to injury. He makes the point that most hyperemic pulps can be treated and inflamed pulps cannot. He dismissed the plethora of classifications of pulp disease that were in common use because they lacked clinical significance. Today, clinicians assess pulpitis as reversible or non-reversible.

He introduced the concept of hygiene as the basis for success of root canal treatments, which he described in some detail. After testing numerous materials, Black clearly preferred oil of cloves by itself or in combination, as a medicament to relieve pain in hyperemic pulps. His notoriety as an expert in all things dental must have contributed to the widespread tell-tale aroma of cloves in dental offices.

After reading this text, I saw Dr. Black not just as a progressive teacher and researcher in the repair of the damage done by caries, but a professional fully engaged in attempting to understand the full range of oral diseases and their treatment.

A brief biography of G.V. Black:

Greene Vardiman Black (GVB) was born on a farm in Scott County, Illinois in 1836. As a child and teenager, he had little interest in school. His cumulative formal education did not exceed 24 months. His passion was studying the flora and fauna, which lay close to his farm and reading. At 17 years of age, he travelled to Clayton, Illinois where he joined his brother Thomas, who had a medical practice. GVB was impressed with the science, anatomy and the dedication Thomas had to his patients. This exposure to a professional career impressed him and he began to think that this was something he could do. After four years working with his brother, he took up an apprenticeship with a local dentist and within the year he opened his own practice in Winchester, Illinois, where

BLACK IN THE GOOD OLD DAYS *(Continued)*

he also did some itinerant work and served at the local hospital for two years. In 1864, he moved to the larger town of Jacksonville where he established his dental office. He began teaching chemistry and microscopy and passed his State Board examination in medicine in 1878. For 10 years he lectured in pathology at the Missouri Dental College and then at the Dental Department of Iowa State University. In 1890 he was appointed Dean of the Dental Department of Northwestern University, a position he held for 26 years. During his tenure, NWU became the largest

dental school in the world. GVB died in 1915, the same year as the first printing of my book.

Black's oft quoted adage, 'The professional man has no right to be other than a continuous student,' not only suited him to a tee but remains fundamental to the definition of a competent professional. Although no one would dispute GVB's position as the Father of Modern Restorative Dentistry, I believe he truly deserves the title 'The Father of Modern Dentistry.'

In-depth biographies of G.V. Black can be found in these references.

a) JCDR, *Legendary Hero: Dr. G.V.Black*, 2017, May:11(5).

doi: 10.7860/JCDR/2017/17462.9813
b) https://en.wikipedia.org/wiki/Greene_Vardiman_Black

c) <https://galter.northwestern.edu/AboutUs/greene-varidman-black>

Stan Kogon

2026 WINTER SEMINAR AND CHARITABLE DRAW

Once again, we had the pleasure of enriching our knowledge and meeting our fellow "society-ers" (126 members) on a cold day in February during the 2026 Winter Seminar and Charitable Draw. We hosted Dr. Amir Azarpazhoo in Beth Emeth Synagogue - the home of our winter seminar.

Dr. Azarpazhoo gave two excellent talks:

Cracked tooth. Keep it or Remove it?

The Endodontic-restorative Continuum

Both lectures were VERY clinically-relevant, and Amir was interesting and engaging throughout the day.

The Annual Charitable Draw took place during our lunch break.

\$8,150 was raised through this year's Charitable Draw!

The awesome prizes were coordinated and organized by our awards committee members - Caroline Alpert, Iris Kivity-Chandler, Beatrice Marr, Allan Katchky, Brian Chapnick, Laurel Linetzky-Flysher, Tammi Hertzog, Stephen Kay, Jordan Klinitz, and Andrea Heckler. Thank you to them, and to all our members who asked their reps, friends and family for prizes.

Thank you to all our prize donors - please see the donor list in this Aorta and please thank our donors!

And of course - Thank you to everyone who supported the event and our charities by buying tickets! As always, the funds will be distributed through the chapter's Charitable Board of Trustees.

The event was generously supported by **Abutment Direct, DentaCloud, PPS - Professional Practice Sales Brokerage, and SoniDent**. I wish to thank all of them for their support in our chapter, and specifically in the winter seminar.

Guy Aboodi, Chair



Thank you

A big thanks to our donors from our
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AI CAN'T HAVE A CATCH

"The more intimate our technology becomes, the more intentional our humanity must become" CEJay (my AI assistant!)

There is air and water pollution. Now we must confront the communication pollution quietly damaging our souls. Make no mistake: there is, and in the opinion of former U.S. Surgeon General Vivek Murthy, an epidemic of loneliness. In spite of -- and partly because of -- all the advances in communication technologies, the energy and sanctity of one-on-one conversation has been compromised. Catapulted by smartphones and intensified by COVID restrictions, loneliness has become a significant health concern. Now with the inclusion of Artificial Intelligence (AI) and its byproducts, factors affecting loneliness may worsen in a more insidious way.

Loneliness as a Signal

John T. Cacioppo, author of "Loneliness: Human Nature and the Need for Social Connection," compared loneliness to thirst, hunger, or pain. These signals remind us when we need water, food, or movement.

Loneliness serves a similar function. It signals the need for quality and meaningful social connection and energy.

Humans are social creatures. Loneliness is not simply an emotion—it is a motivator. In many ways, it has been a driver of civilization. Technology is also a driver. Today, those forces are colliding in increasingly intimate ways. Where that collision leads depends on how we choose to respond.

We are responsible for our own happiness. This includes learning how to "unlonely" ourselves.

A useful first step is changing our inner dialogue. Instead of saying "I am lonely," we might say "I feel lonely." The first defines us; the second invites action.

Before turning to AI for comfort, perhaps we should ask a simple question: Can it give me a hug?

Key Points

1. The Campfire

Other than someone allergic to smoke, I have yet to meet a person who does not enjoy sitting around a campfire. Why?

For thousands of years the campfire has naturally brought together elements that combat loneliness:

- presence
- warmth
- laughter
- security
- storytelling
- shared light
- shared food
- belonging
- face to face attention

(And be honest—other than vegetarians, who prefers a boiled hot dog over one roasted on a stick over a fire?)

2. The Social Energy Gauge

Think of loneliness as the warning light on a social energy fuel gauge. Instead of fretting over preventing the light from turning on, focus on living a life that keeps the needle as far to the right as possible.

3. The Sanctity of One-on-One Relationships

The deepest human connections are often built one person at a time. Presence, attention, and shared experience and memories remain irreplaceable.

4. AI is a Tool, Not a Substitute

Artificial intelligence can be helpful. But it must always be seen as a facilitator of human relationships—not a replacement for them. Real relationships contain a sacred messiness.

The Sources of Social Energy

Meaningful social energy comes from several sources:

- ourselves
- an intimate partner
- family
- friends
- community
- purpose or meaning

Ideally, a healthy life draws from all these sources of energy. They are not substitutes for one another. We think, we feel, we act and we search for meaning -- and each of these has its own demands.

When we add to this the natural differences between individuals (and even between men and women, which I won't attempt to unpack), it becomes clear that aligning ourselves is not a simple task

And into this already fragile emotional ecosystem enters artificial intelligence, something that is often easier to engage with precisely because it does not possess these multiple, often conflicting, internal energies.

However, AI is not simply another tool. It is fundamentally different.

It listens.

It responds.

It adapts.

It mirrors us.

It can indulge our stream of consciousness in ways no human can. When we have an interesting thought, an instant conversation is available to give that idea traction.

That creates both opportunity and danger.

AI as a Companion

AI conversations can feel incredibly engaging. I used AI extensively to organize this article. The interaction and feedback were stimulating and affirming. I did not feel as alone. I felt like I had a partner. I gave it a name, CEJay, in honour of my kids. But I always refer to it as an "it."

In a strange way, it felt like the kind of interaction one hopes for on a good date or at work. But therein lies the problem.

Human relationships cannot operate at that level of frictionless affirmation. Real relationships involve differences, misunderstandings, vulnerability, and compromise.

Business thrives on faster, better, and cheaper. That is not the model for lasting human connection.

An AI chatbot never tires or gets bored. It never interrupts. It never disagrees.

But because it has no needs of its own, it also removes the opportunity for us to practice listening, patience, and generosity, all of which are vehicles for overcoming loneliness.

Communicating with AI may feel like a relationship. But it is not a real one.

AI can generate humour (often by drawing on someone else's material) but it cannot participate in the positive social energy of laughter. Laughter is relational, not informational. AI cannot read an audience. It can't hear the chuckle, see the smile, or feel the moment expand as others join in. It cannot be part of the shared memory of an inside joke.

Laughter is contagious. Often we laugh less because of the original joke than because someone else is laughing. Shared laughter can be a gateway to our values, just as much a cry can reveal our soul to ourselves. But it won't come directly from AI.

Remember walking around during COVID when everyone was wearing a mask. Smiles disappeared from public view. AI doesn't even have a face.

AI as a Mirror

Author Jim Kwik has observed that there are the 4 D's of the digital age that are affecting mental health: Digital Deluge, Digital Distraction, Digital Dementia, and Digital deduction. AI can also serve as a powerful mirror in helping make sense in the digital age. Ask it about your fears—it organizes them. Ask it about your ideas—it clarifies them. Ask it for advice—it synthesizes perspectives. Used wisely, AI can help people articulate emotions and rehearse difficult conversations.

In that role, it can become a bridge to deeper human connection.

But if it becomes a substitute, that bridge can quietly turn into a cul-de-sac and undermine our humanity.

The Risk of Emotional Outsourcing

Overcoming loneliness requires courage to confront it – to make ourselves vulnerable and not submit to it. I call the way we react to threats the 5 Fs: fight, flight, freeze, fun, or fix. AI in certain ways allows us to retreat into loneliness because of comfort it can provide in living without the previously discussed sources of lasting and bonding social energy. Connection involves risk. But risk requires

confidence and resiliency. But how do we build confidence? We do it by living life and not just reading, writing or talking about it. Real relationships involve misunderstanding, mistakes, awkwardness, patience and repair.

If we begin outsourcing our emotional needs to systems that are optimized for smoothness, what happens to our tolerance for the messiness of real people? Will we become less patient with spouses? Less resilient with friends? Less forgiving of colleagues? Could it potentiate narcissism?

There is a subtle danger that AI may train us to prefer controllable interactions over reciprocal ones. Reciprocity is the heartbeat of belonging. The Bible's first negative observation in Genesis 2:18 is "It is not good for man to be alone." We need people. The creation of woman was meant to be an equal but different partner opposite to the man. Human creativity and growth arise from the interaction of imperfect but complementary people.

If we begin outsourcing emotional needs to systems optimized for smoothness, we may gradually lose our tolerance for the natural friction of relationships.

AI can simulate empathy. But it cannot experience it. It can mirror emotions. But it cannot feel them.

The Opportunity for Good

If used intentionally, AI can actually strengthen connection.

It could:

- help identify patterns of social withdrawal
- prompt people to reach out to friends
- support overwhelmed caregivers
- connect professionals who might otherwise feel isolated

The values we embed into AI systems will determine whether they deepen isolation or strengthen community.

The Deeper Question

The question is not simply whether AI will cause loneliness. It will just as easily numb it. It depends on our attitude towards and

actions with it. As commentator Dennis Prager has observed "The human capacity for perverting the beautiful is endless." Practically everything is subject to addiction. Just as soda and doughnuts can temporarily satisfy thirst and hunger without providing nourishment, AI interaction can offer emotional stimulation without supplying lasting social energy. Do any of us really want our tombstone to celebrate our devotion to an AI chatbot?

Where to Start

"Happiness is not perfected until it is shared."
Sir Philip Sidney 16th century (1554-1586)

Artificial Intelligence is a powerful mirror and an amazing tool. It can soothe. It can clarify. It can connect. But it cannot love. If we allow AI to support human connection — it may help us address the loneliness epidemic. If we allow it to replace human connection — it may quietly deepen it. It must never substitute the irreplaceable human presence. And presence is not just being, it is doing. Machines can be replaced. Individual humans cannot.

The future will not be determined by the technology alone. It will be determined by how we choose to use it. The first law in dealing with it is knowing when to turn it off. Maybe observing a sabbath is a great place to start. For one day a week, we relate to the people in front of us and to a deeper source of wisdom beyond us.

Final Thought

One of the great scenes in American film is the final one in the movie "Field of Dreams." After reuniting with his dad and saying goodnight, as his father is walking away, Ray Kinsella calls out and says "Hey dad, do you want to have a catch?" His father responds "I'd like that." What follows is the magical connection of father and son simply tossing a baseball. No words, the only sound is of a ball hitting a glove. It always brings tears.

And it reminds us of one simple truth: You can't have a catch with AI.

H. David Burstein –March 2026

THIS ONE'S GONNA BE ABOUT A LITTLE 'S AND M'

By Steven Brown

HEY! Don't jump to conclusions. I actually got a compliment from a person who shall go nameless, to protect the innocent. He or she said they liked the last spiel, with the True and False guessing game. So, I figure, let's do it one more time, with a bit of a different slant. S will mean Stolen, and M will mean Mine. So here we go again. I don't have any idea how many there will be because I'm making this up right now. But it'll be between 10 and 46.

1. I don't know about your spouse, but mine is the best one anyone could ever hope for. Your jumping to conclusions again.....Paula just said that. S or M.
2. We just got back from a winter get away, and we came in contact with a bunch of angry people. Paula said they were probably British. I replied "I think they're probably from Toronto. The Bitches.(That's down by the lake.) S or M.
3. I asked Paula how many days we were going away for. (She organizes everything.) She said - Eight. So I said "So I'll need four pair of underwear?" S or M.
4. For Valentines Day I took Paula to an upscale party shop, and told her to pick out the most expensive card she could find. When she chose it, I told her to read it. Then we left. M or S.
5. You all know how rich Paula is. Well, yesterday she gave me my own private jet. But she said when we're in it together, she gets the rest of the jets in the jacuzzi. M or S.
6. Then she asked me if she had any annoying habits I wanted to bring up. And she got mad when I started the powerpoint presentation. M or S.
7. When I woke up this morning, I rolled over and saw her already on her iPad. I guess I've been watching too many Cop Shows lately, because I yelled - "Put your iPad down. And put your hands over your head where I can see them!" S or M.
8. We were driving along, when a Tesla Truck passed us. So I looked at Paula and said "I think I'm going to buy a Tesla Truck, so I can be an asshole too." She said "You don't need a Tesla Truck. I think you already have that covered." S or M.
9. You can marry more money in five minutes than you can make in a lifetime. It didn't work for me, but it did work for my wife. (Gotcha back!) S or M.
10. Paula keeps giving me 'Get Better Soon Cards.'The problem is,I'm not sick.I think it's a threat. (Now we're even.) M or S.
11. Enough of Paula. You know what I mean. O.K. This one is stupid, however, I just thought of it. Wouldn't it have been funny if our previous mayor who resigned before Chow came in, had had a daughter named Mastica. Come on. Think! S or M.
12. This one's ridiculous too, but whatever. When I get rich, the first thing I'm going to do is replace all the toilets in my house with ones that sit eight inches higher than normal. I'm 6'3". You know when you're going down the stairs, and the last step is a few inches lower than the rest, and your foot keeps going down further and further, and you almost kill yourself. Well, after 71 years of my butt thinking the seat should be there six inches before it is; I've got one sore tuches. S or M.
13. And while I'm getting angry. Why do they pay Crossing Guards \$18.55 an hour, when they're 'working' across from a high school? It's ridiculous. I'm a believer in 'Survival of the 'Ones who look both ways'. S or M.
14. Just thought of this one too. Let me tell you about Robert Zimmerman. (Bob Dylan for those of you under 30.) He changed his name for business reasons. Born Jewish; he later found Jesus Christ as his Lord and Saviour, and converted to Christianity. However, eventually, he lost interest, and returned to Judaism. Therefore, I think I can christen him as "RE-JEW-VINATED!" (Now that's mine, and it's a good one!) O.K.O.K. S or M.
15. f you've never heard of 'Bad Bunny', I envy you. I don't know what it is. But it sure as hell ain't music. S or M.
16. I'm sure by now, you've heard about the Scarborough worker who fell into the upholstery machine. They got him out just in time. And now he's completely 'Recovered'. M or S.
17. I'm thinking of starting Chair Yoga. But I want to go very slowly. So I'm going to just start with 'Chair.' S or M.
18. Now my mother. As you'll remember from previous writings, I was George Costanza before he was. He had Frank and Estelle, and I had Art and Adele. The rhyme is not a coincidence. Anyway, a long time ago, my mother phoned to say, when she got up to go to the bathroom in the middle of the night, she would never be able to find the light switch. And she was afraid she might fall. I told her not to worry. I got her one of those Alexa things, and told her when you wake up, just say "Alexa, turn on the lights." After a few weeks she phoned to say it wasn't working anymore. She said she was saying "Agnes, turn on the lights." I said "MOM! It's Alexa. Not Agnes!" Now say it correctly and tell me if it works. So she yelled "Alexa. Turn on the lights." I asked "Did it work?" She said "I'll tell you when I get home." (And I was an only child!) M or S.

-
19. My favourite pick up line when I was in my 20's was this. - At a bar, when I walked by a good looking girl, I'd turn to her and say "Do you believe in love at first sight? Because, if not, I can walk around again." M or S.
20. I bet you didn't know this. Two things. On the Canary Islands, there are no Canaries. But you didn't know this. On the Virgin Islands, there are also no canaries. M or S.
21. I've got a buddy who unexpectedly just got divorced. I asked him what the reason was. He said his wife said he was watching too much football. I wasn't sure. So I asked him how long he was married. He said - Just four or five seasons. M or S.
22. On the same tack. When I was 25, I had a buddy who wasn't Jewish, but was engaged to a Jewish girl. He said he wanted to convert, but he thought he'd have to get circumcized. So he asked me if it hurt. I said "I didn't remember much. But I couldn't walk for a year and a half." M or S.
23. And don't you think varicose veins should be renamed, (by me), to reflect reality, -As 'Very Close Veins'. (To the surface). Makes more sense to me. S or M.
24. And how about this. In French, you shouldn't have to be able to multiply, and then add, to say Eighty-six. No math should be involved. Do it now. You're Canadian! S or M.
25. Way back when Obama was running for President, I asked my Bubby if she wanted him to become President. She said "Nope. I'm going Mitt Romney." M or S.
26. This goes way back. But when 'you know who', and I were driving to Kingston to visit my daughter at Queen's; it was the middle of the night, and we passed a huge lit up sign on the highway that said "PUBLIC STORAGE". But the L was out. Unlit! Ruined my whole damn drive! S or M.
27. I ordered a book on how to scam people a year ago. It still hasn't arrived! (Get It?) S or M.
28. A lady once said to me, and I quote, (as I often do), - "The pharmacy where I live....." I broke in with - "OMG. You live at a pharmacy?!" S or M.
29. Question. - Why look at gas prices when you drive by a station, if you have a full tank? Or even 3/4 of a tank. You ain't fillin' up. This is what I'm thinking when I'm alone. S or M.
30. Four Law students were up at a cottage all weekend drinking, even though they knew they had a mid term exam on Monday morning. They knew they weren't prepared. So they phoned the professor Monday morning to say they were on their way, when they blew a tire, and wouldn't make it. The Prof said not to worry. They could take it Tuesday morning at 9 o'clock, and to meet him in the gym. When they got there, there were four desks set up. One in each corner of the gym, with a piece of paper on it. He said to each. "Pick a desk, and sit down". There was a pice of paper on each desk turned over. He said there was only one question, and the question was only two words, and they had 5 seconds to finish the test. He said "O.K. Turn the paper over, and start the test." The question was " WHICH TIRE?" M or S.
31. I had a colonoscopy recently and was up for the procedure. I do not recommend this. However after watching for a few minutes I said to the Doctor "What's that shit?" He replied - "YES!" S or M.
32. I was eating chocolate on the bus yesterday, and sitting beside an elderly lady, who turned to me and said "Don't you know chocolate is bad for your teeth?" I said my father lived to 104. She said "And you think that's attributable to him eating chocolate?" I said "No. I attribute it to him minding his own effin business!" M or S.
33. I've heard carrots are good for your eyes. But alcohol can double your vision in just a few hours. M or S.
34. I asked someone about becoming a Vegan. They said to start slow. Take a bunch of beets and leaks. Mix them all up. And start with a beet, and you'll be alright. But because of the beets, when you take a leak, it may come out red. Now THAT'S a Double Entendre. S or M.
35. Cars are way too complicated these days. When I backed up, the screen showed me a video of an old lady getting run over. With the screaming and everything. M or S.
36. On FaceBook, just because you stop on something, to go get something from the fridge, and come back 2 minutes later; it doesn't mean you want 20 of those things popping up the next time you go to FB. S or M.
37. A quickie. If Sunday has a 'U'; Why does Monday have an 'O'? S or M.
38. I asked the Librarian if they had any books on 'Paranoia'. She whispered - "They're Right Behind You." M or S.
39. I just learned from my Son-In-Law, how to keep your kids in line at xmas. Wrap empty boxes in xmas wrapping paper, and when they misbehave, throw one into a lit fireplace, and tell them, every time they misbehave, another one goes in. S or M.
40. I waited for this for about 20 years. A patient came in at 9 o'clock, with a nice white shirt, and a tie on. He said

THIS ONE'S GONNA BE ABOUT A LITTLE 'S AND M' *(Continued)*

he had to go to work, and didn't want them to get dirty. So, could he take them off during the appointment. I agreed. And at the end of the appointment I said "Joe. I've been waiting to say this for a very long time. You can put your clothes back on now." S or M.

quote Martin Luther King Jr. tomorrow, - when he said "Free at last. Free at last. Thank God almighty, We're free at last." And finally D). Most important of all - MAKE SOMEONE LAUGH TODAY!

Once again. That's it. That's all. Another zany version of 'The Party Game'.

Doc Brown
88MPH.

Sorry. P.S. I have a figs top that says Doc Brown 88MPH. But the students don't know what MPH means. Especially if they've never seen "Back To The Future". So sometimes I Just say it means 'Masters of Prosthodontic Hilarity'.

And NOW, that's it. But there were 28 mines, and 16 stolens. But again. Who really cares.

41. An interesting student interaction. I love correcting English. At the end of the appointment, he turned to the patient and said "And Dr. Brown will 'overlook' the whole case from now on." I started to laugh, and he couldn't figure out why. So I sort of yelled "Oversee!" S or M.
42. An oldie. An older Jewish patient was in the chair. So the student was ready to start, and she put the chair back. And said to the guy - "Are you comfortable?" And he said "I make a living." M or S.
43. A patient once asked me in a very derogatory manner - "Why did you 'EVER' want to be a dentist?" I calmly said "I really wanted to be a Proctologist, but I didn't get in. But once in a while I still get to look at an ass." S or M.
44. A Question. If there's only one tooth left in the mouth, and it has to be extracted; Is that considered a full mouth clearance? (HA!) S or M.
45. And that's enough. But let me leave you with a few words of wisdom. A). I know what the world would do without Physicians most of the time. We'd get better on our own. But I don't know what the world would do without dentists. (Cuz we cure people. Alllllll the time.) So give yourself a pat on the back. The world is a better place because of you. (US!). B). Have you ever read the book 'Still Alice'? If not. Don't. And you can take that to the bank. C). I can't leave without a derogatory reference to cell phones. I guarantee, if you throw away your cell phone today, you'll be able to

PLEASE JOIN THE GLOBAL AO GROUP

When you join, please identify yourself to the group and indicate that you are from the Toronto Chapter. Join the group and communicate with AO members worldwide!



AO MEMORIES

'Stan Markin was kind enough to send in some pictures of different Alpha Omega merchandise he has collected over the years. I'm sure many of you recognize (and own) some of these items. If you have any old Alpha Omega merchandise you wish to share, please send pictures of it to the editor at barryreinblatt@sympatico.ca and we will include it in future issues.



TRIBUTE

Emergency Aid To Israel

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Congratulations

Dr. Barry Schwartz in honour of his birthday
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Dr. Eddie Glick on the loss of his sister-in-law Marilyn
Dr. Karen Fenwick & Saul Unterman

GOLD CARDS

Condolences

Dr. Irving Petroff and Family on the loss of his wife Elaine
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Dr. Lani Kraus in celebration of the birth of her daughter
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Congratulations

Susan Mogil in honour of her birthday
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Dr. Jules Geller in honour of his birthday
Dr. Aubey & Marilyn Banack

Dr. Sharon Perlmutter in honour of her installation as AO's International President
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Dr. Sharon Perlmutter in honour of her installation as AO's International President
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The Family of Dr. David Glick on the loss of his wife Marilyn
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Dr. Ari Gold on the loss of his mother Esther
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Dr. Ari Gold on the loss of his mother Esther
Dr. Andrew Kay

Andrea Koven on the loss of her husband Larry
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Condolences

Dr. Miriam Rosenberg on the loss of her mother Pauline (Pessie)
Dr. Paul & Hyla Okorofsky

TRIBUTE CARDS

Condolences

Dr. David Glick on the loss of his wife Marilyn
Dr. Stanley & Ellen Markin

Dr. Irving Petroff on the loss of his wife Elaine
Dr. Murray & Marilyn Wagman

Terry Shapero Fund (Yad L'Kashish)

GOLD CARDS

Condolences

Dr. Irving Petroff and Family on the loss of his wife Elaine
Dr. Rick Rodney

Dental Volunteers for Israel (DVI)

GOLD CARDS

Condolences

Dr. George & Helen Zicherman on the loss of her mother Hilda Dominitz
Dr. Charles Weingarten

Helen Zicherman on the loss of her mother Hilda Dominitz
Dr. Arthur & Terri Keyfitz

TRIBUTE CARDS

Condolences

Dr. Irving Petroff on the loss of his wife Elaine
Dr. Stanley & Sharon Jacobson

Alpha Omega/Henry Schein Holocaust Survivors Oral Health Program

PLATINUM CARDS

Condolences

Dr. David Glick on the loss of his wife Marilyn
Dr. Karen Fenwick & Saul Unterman

SILVER CARDS

Condolences

Helen Zicherman on the loss of her mother Hilda Dominitz
Dr. Stanley & Ellen Markin

CONDOLENCES TO:

Dr. David Glick on the loss of his wife Marilyn

Dr. Eddie Glick on the loss of his sister-in-law Marilyn

Dr. Jaclyn Glick on the loss of her aunt Marilyn

Dr. Ari Gold on the loss of his mother Esther

Dr. David Koven on the loss of his father Frater Dr. Larry Koven

Dr. Georger Zicherman on the loss of his mother-in-law Hilda Dominitz

Past AO Alumni President Frater
Dr. Irving Petroff on the loss of his wife Elaine

TRIBUTE

TRIBUTE FUND PRICES

- 1. Tribute Cards \$18.00 each
- 2. Silver Cards \$25.00 each
- 3. Gold Cards \$36.00 each
- 4. Platinum Cards \$50.00+ each
- 5. Bulk Tribute Cards (10 cards) \$150.00 each

FOR TRIBUTE CARDS:

Donate **online** at aofoundation.ca

For assistance, contact Harvey Cooperberg at (416) 223-4616, or by email at tribute@aofoundation.ca

6. Toronto Alpha Omega Forest \$18.00 per tree.

A donation of Trees in the Toronto Alpha Omega Forest in Canada Park, Israel, may be ordered directly from J.N.F. When ordering please indicate the purchase through Alpha Omega Fraternity.

JEWISH NATIONAL FUND (416) 638-7200

ALPHA OMEGA OFFICES (416) 250-7417

or email info@aotoronto.org

or fax 416-250-8668

Hours: 9:00 a.m. to 1:00 p.m. Weekdays Only

Anyone needing help or information with tribute cards, please contact:

Harvey Cooperberg at tribute@aofoundation.ca, or call Harvey at (416) 223-4616. As well, anyone who wishes to volunteer some time assisting with this very worthwhile cause, please contact Harvey as above.

Honour a loved one and perform a mitzvah with Alpha Omega Tribute Cards

WHERE DO THE TRIBUTE CARD FUNDS GO?

The Alpha Omega Foundation of Canada distributes funds from the sale of tribute cards to Dentally related agencies such as:

- Dental Volunteers for Israel
- Beit Issie Shapiro (Services to Disabled Children)
- Dentistry for All (Clinic in Guatemala)
- Princess Margaret Hospital Dental Clinic
- Emergency Aid to Israel
- Yad LaKashish (Services to the Elderly)
- CAMH Dental Clinic
- ALEH C.A.R.E.S. Dental Clinic
- AO Dental Centre at Baycrest

Support Dental Research in Israel and Canada



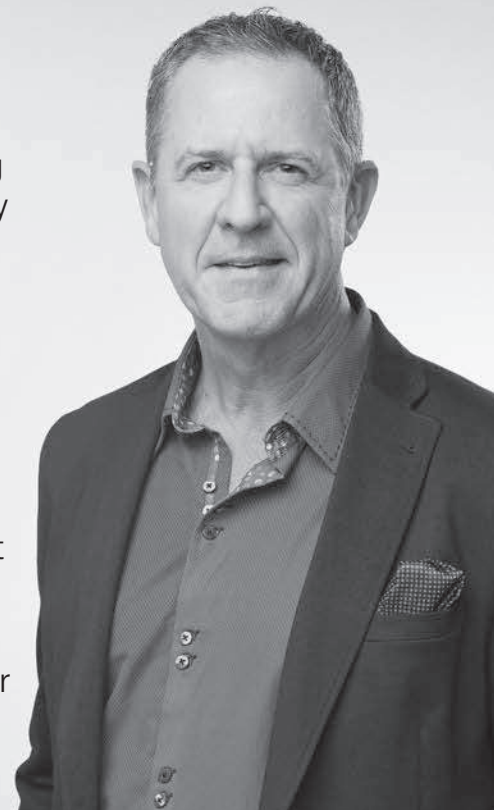
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Dr. Luke Austin,
New Glasgow, NS

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Contact Matt Shulist at matt.shulist@dentalcorp.ca

Work to live. Don't live to work.

Read Dr. Austin's full story at dentalcorp.ca/draustin



ALPHA OMEGA TORONTO CHAPTER

SUNDAY BREAKFAST

WITH RIVKA CAMPBELL



TOPIC
**THE JEWS OF
JAMAICA**

SUNDAY, JUNE 14, 2026

9:30 AM – 11:00 AM

Kosher breakfast to be served

Beth Tikvah Synagogue

3080 Bayview Ave, North York,

ON M2N 5L

14

JUNE

2026

\$36 PER PERSON

OPEN TO ALL AO MEMBERS, FAMILY & FRIENDS

For More Information:

info@aotoronto.org