



AORTA

ALPHA OMEGA REVIEW OF TORONTO ALUMNI CHAPTER, PI CHAPTER | JUNE 2021 VOL. 62. NO.6
WEB SITE: WWW.AOTORONTO.ORG

SAILING DAY

ISLAND YACHT CLUB

Wed, July 14th, 2021





Looking ahead to the next 25 years!

With all the amazing changes and developments which have taken MIS to where it is today, it is our goal to always remember to keep our focus on the same basic principles of simplicity, passion for our work, and commitment to our customers, partners and team. We hope that the next 25 years will be just as exciting and successful as these last ones were.

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IRIS' INSIGHTS



This is my last AORTA article: It's a bittersweet time for me as my Presidential Year draws to a close. I am grateful that there were not many crises and incidents within and outside of the Fraternity. Certainly, the world saw its share of strife in the last year. I share the pride in holding down the fort, tackling challenges and amidst many happy moments close to home that brought glimpses of hope to our lives. Whether you understand Hebrew or not, I will explain that my maiden name is Kivity. In Hebrew, Kivity, means "I hoped". Serendipitously my late father, Josef Kivity z"l, and two of his brothers (altogether 7 siblings) chose this name upon emigration from Iraq to Israel around 1951. Their original surname, Kuwaiti, was a bit of a mystery that was finally understood to be an "acquired" surname when my father's grandfather made his way from Kuwait to Iraq. My great grandfather may have been Abraham Abraham, but he acquired the name Kuwaiti, or Beit Kuwaiti, House of Kuwait, when he settled in Basra, Iraq in the 1800's. Funny enough, the first man known to have embraced monotheism was Abraham. Abraham, our Patriarch from Biblical days, came from Ur-Kasdim, which is now part of modern-day Iraq.

Back to my father. When my father arrived in Israel, he, and my Uncles Anwar and Salekh (Tzvi) changed their last name to Kivity. My father chose his name well since it suited his humble, mild-mannered, and regal personality. Like the fledgling country, absorbing more and more of its people from Arab nations so that they could build better lives, my father always looked to the future with hope. My father was born in

1921 and in 1951 was a graduated pharmacist who had to lock up and abandon two well-stocked pharmacies and a pharmaceutical warehouse when all assets were seized by the Iraqi government. But there was no looking back. He was the last family member to be left in Iraq as he waited for an opportunity to leave. When he was summoned for questioning by the police, he collected his last belongings, bribed the right people, and managed to escape from Iraq. The rest is for another article.

So, why did I choose to pay homage to my father? It is from him that I learned patience and perseverance. I may not as capable as him to take huge chances and forge forward, yet it has been my life goal to emulate him in not looking back and lamenting on what was lost and what could have been. All of us could have moments of regrets and rumination, however we know that we need to seek and engage in the present and prepare for the future with hope and action energetically and intentionally.

That, staying present while also looking forward, is how I have seen my role on the Line and ultimately the Presidency (with a capital P). That is how so many in our Fraternity see themselves as they hold positions in the many Committees that make up our great Fraternity. We are part of a legacy brought forth by individuals who HOPED to make a future for Jewish dentists. Well before the devastation of the Holocaust, we were segregated and persecuted. Individually, we may hardly feel it now, but anti-Semitism is amongst us and the number of anti-Semitic incidents is on the rise. As part of my Presidency, I rallied to raise awareness of our collective role in keeping our eyes and ears open to fighting racism and anti-Semitism. Now Alpha Omega Dental Fraternity, here and in other locations, is open and welcoming to more than Jewish dentists. We are open to all who wish to be part of the great work that we do. We have fun, we have CE, we eat (real food in a virtual forum) and we help each other like a great "functional" family does.

In the first paragraph above, I said that I share the pride in running the Fraternity for this year. Each of the Line Officers who preceded by ascent to the Presidency and each of the current

continued on page 6.

AORTA



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of Alpha Omega**

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Next Executive Meeting

Monday, June 7, 2021

Next AORTA Deadline (August)

Monday, July 5, 2021

Notable Achievements

Please inform the AORTA of fraters or members of their families who have achieved success, honours or milestones.

Benevolence

Please call Stan Markin regarding illnesses or deaths of fraters.

Office: (416) 497-2122

Home: (416) 789-2067

Associate Placement

Fraters who are interested in having an associate join their practice or who are interested in associating with another dentist (full or part-time) contact Philip Novack

Office: (416) 224-2114

Fax: (416) 224-1282

The opinions as expressed by the editors and columnists of the AORTA do not necessarily reflect the views of Toronto Alumni Chapter and/or its executive. All correspondence should be sent to the editor at barryreinblatt@sympatico.ca

DENTAL VOLUNTEERS FOR ISRAEL

Dentists needed... to treat disadvantaged children in Jerusalem who cannot help themselves.

For information, contact **Les Train** at drtrain@rogers.com, or check our website at canadianfriendsofdvi.org.

RCDSO PET EXAMS

Are you writing the RCDSO Pet exams? Do you want to join others who are writing for a study group?

Email Jackie at info@atoronto.org and we will put you together.

 You are invited to join the Toronto Alpha Omega Fraternity group on Facebook

Do you have a story to tell that other Fraters would love to hear?



Contact the AORTA editor Barry Reinblatt at barryreinblatt@sympatico.ca with your suggestions!

SPONSORSHIP PROGRAM

If any Alpha Omega member knows of individuals or corporations who may be interested in sponsoring our programs please let me know. This will ensure the quality of our programs and events.

Please email this information to drbgreenbaum@rogers.com. To all committee chairmen, please forward a list of your corporate sponsors. Also please list the contacts and email addresses.

Thank you.
Robert Greenbaum

FROM THE EDITOR



For this article, I decided to start off with a wellness check. These last 15 months have been quite difficult, and I know that for many people it has taken a toll on your mental health. I urge anyone who feels they need to talk to someone to reach out to a family member, friend, or mental health professional as you see fit. Mental health is extremely important and needs to be looked after as much as physical health.

Now that I am finished with my public service announcement, I invite you to sit down and explore the latest issue of the AORTA. You can read about several past events including the AO Revival's book club evening, fitness event, and cooking class. You can also find out about the recent Sunday Morning Speaker and the Grad Brunch.

In this issue, we celebrate the 2021 graduating class of Pi Chapter with their pictures and bios. We also have a report from DVI in Jerusalem about the excellent work they are doing. As always, we have articles from Stan Kogon and Steven Brown discussing their unique perspectives, as well as Barry Korzen's excellent photography showcased in ...1000 words. I hope everyone enjoys this issue of the AORTA.

Barry Reinblatt

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Alpha Omega International Dental Fraternity



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- ◆ Round trip ground transportation Calgary International Airport to hotel
- ◆ 7 Nights **Fernie Slopeside Lodge** (2 bed hotel room) or
Timberline Lodges and Spa (2 bedroom condos)
- ◆ 6 Day Lift Ticket
- ◆ Breakfast Daily
- ◆ Welcome Reception
- ◆ Two group dinners
- ◆ All Taxes
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(Non Alpha Omegan Dentists add \$200.00 CAD)

*****Everyone Must Register*****

Direct inquires to...

Rick Horenfeldt: rhorenfeldt@rogers.com

or

Mark Librach: mibrach@dentistryondundas.com

****All applications must be received by Tuesday October 1, 2021. ****

*****WE CAN ACCOMMODATE ONLY 30 PEOPLE ON THIS TRIP*****

Complete Information and Additional registration forms is now posted on the web site

“aotoronto.org”

Flight Information:

February 26th Toronto 0800- Calgary 1019

March 5th Calgary 1715 - Toronto 2311

IRIS' INSIGHTS (Continued)

individuals on the Line, including the numerous Advisors to the Line, deserves accolades. I could not have done it on my own. I did not have fully developed skills until I was shown and encouraged. It's a tremendous growth and when you come out the other side of being at the helm, you know that you have been transformed. In my final address at the ABM, I will have named everyone who has been by my side and was always ready to keep the Fraternity relevant and prosperous. There are many individuals behind the scenes whose passion for giving and strengthening our Fraternity locally and internationally is a contagious force. Thank you to all who have been my friend, colleague, and fan club, all at once.

To be complete, I must name the 3 ladies who are at the ready to keep the business and logistics intact as we throw around ideas and endless tasks. I deeply appreciate the hard work and dedication of our Executive Administrator Jackie Levitan. She is supremely passionate, talented, and tenacious about the work that she does. We could not survive without her skills. She is not a one-man/one-woman team. She is a partner to us all and there are ups and downs in human dealings that are part of the human experience. That's the way it goes and it's all good! Also deserving of my praise are Bronwyn Shepherd and Joyce Pearlston who are part of our administrative team.

Lastly, I want to thank Barry Reinblatt. He has always been so patient with my late submissions. But more than being the ultimate gentle person, he is kind and talented. He has the toughest task of getting the AORTA out 6 times each year, which means he is dealing with a lot of crazy preparation and insane logistics on his own personal time. Barry, THANK YOU.

Here is what our Calendar looked like in April and May 2021: AND I HAVE ADDED COMMENTARY TO EACH ITEM

- AO REVIVAL had 3 fabulous Zoom programs:
 1. Wednesday March 31: BOOK CLUB with Ellen Schwartz. Her new book "Without One Spoken Word", and her first book, "Lessons from Jacob", both portray incredible insights into parenting her firstborn child, her son Jacob, who had a neurodegenerative disease and who passed away at age 21 years a few years ago. Despite his inability

to speak, move, or see, Ellen describes him as the happiest person she has ever known. Ellen founded a most incredible program called, "Project Give Back". It is a non-profit organization with the focus on giving elementary school children the proper tools and guidance so that they can achieve the impossible. **Please look up Project Give Back and see the incredible work that she has propagated.**

2. Wednesday April 21: FITNESS with Karen Medina from Barre Pilates. I wish I could have joined in. I heard it was a fun and strenuous event. I could have used this as a kickstart to my summer body.

3. Wednesday May 19: SPEAKER SERIES with Gillian Mandich, Jordana Hart and Julia Glowinski. These amazing professionals delivered many pearls to help us all. The title was, "Dealing with Covid Burnout by managing our mental health, sleep and nutrition". Everyone loved the event.

- Monday April 12: Nitrous lecture with Dr. Adam Kaplan: Adam presented the new RCDSO guidelines for practicing dentists administering minimal and moderate sedation and Nitrous Oxide Sedation. As usual this was invaluable information.
- Thursday April 29: Cooking Class with Bonnie Stern: Kosher Israeli Dinner Zoom Cooking Class. Iconic Bonnie Stern was as charming as ever.
- Sunday Morning Breakfast: Sunday May 2; with Jerrold Landau. The title of the talk was "Exploring Roots; The search for history through documents and journeys". Jerrold is a talented genealogist and had our group of 35 participants engaged in this exploration of Jewish sites in Europe; old and new stories came to life.
- Tuesday May 4: CE with Dr. Marshall Freilich; the seminar was titled, "Complications of Dental Implant Therapy". Marshall delivered invaluable information with the most current evidence-based knowledge.
- Annual Business Meeting: This year's ABM was on Tuesday May 11 via Zoom AGAIN! If you joined us, you will have heard that our Fraternity is healthy, we made money on our investments and Purchase Program sales, and we are gearing for a bright future. We rally for and serve our members. There are always plans to

hold excellent programs virtually and in person again. But let us be realistic; our Membership numbers are declining. The downward trend in membership creates uncertainties in our Chapter and AO International. The effects will be felt in just a few decades from now. So, although we have our finger on the pulse now and financial securities for the near future, it is people who are loyal and invested that matter in the long term. We hope our members remain or return to the Frat when times are good or bad. WE NEED YOU! It is through our members' participation and dues that we can offer aid for the needs of other organizations such as the CAMH Dental Clinic, Baycrest Dental Clinic, Dental Volunteers for Israel Clinic in Jerusalem, the dental schools in Israel and many more beneficiaries. Yasher Koach to Bonnie Chandler and Miriam Rosenberg for each receiving the Alpha Omega Toronto Alumni Chapter Certificate of Merit. Thanks for all that you do for our Fraternity and for the other organizations that have benefited from your brilliance and commitment.

Plans for SUMMER 2021:

- Most of us, all of us, getting our second Covid Vaccine.
- June 7 Annual BBQ and Executive Installation.

My new favourite quote: by David Ben Gurion: "In Israel, in order to be a realist, you must believe in miracles,"

Fraternally Yours,
Iris



UPCOMING EVENTS

AO SAILING DAY

Wednesday, July 14, 2021

Island Yacht Club

AO 2021 SUNSHINE CITY CONVENTION

Monday, December 27, 2021 -

Saturday, January 1, 2022

The Vinoy Renaissance Hotel

St. Petersburg, Florida



Kuwaiti family in Basra, Iraq. Josef Kivity, approximately age 6 years, in the middle to the right of his mother, Lulu.



Iris's parents' wedding July 7, 1952. At the time, Israel the as a fledgling country just coming out of the War of Independence. Food was scarce still and at the wedding they served clementines and cake. These are the Jewish people of Iraq; educated, sophisticated and full of TIKVAH (HOPE).

Mazel Tov

To...

Faryn Berger and **Aviel Kaganov** on the recent birth of their daughter **Orli Hannah**. Proud grandparents are **Lowell** and **Brenda Berger**.

Ira and **Shirley Marder** on the recent engagement of their son **Shloimie** to **Jennifer Mammon**.

Arthur and **Terri-Lynn Keyfitz** on the recent birth of their granddaughter.

Just A Reminder...

The Roster is for the exclusive use of the membership of Alpha Omega Fraternity. Anyone found using this directory for solicitation purposes will be prohibited from advertising to Alpha Omega and may be the subject of legal action.

NON-DENTAL ROOTS ON SUNDAY MORNING

This year's Sunday Morning Speaker took place on May 2, 2021 without our usual great breakfast. It was open to non-members as well since there was no cost.

It was attended by 36 people including the speaker who was Jerrold Landau, a local geneologist who took us to Eastern Europe to sites of our Jewish Roots.



Jerrold had traveled extensively and presented documents and photos of interesting towns, synagogues, and cemeteries and commented on their significance.

Everyone enjoyed the presentation greatly and asked questions for him to supplement his talk.

Thank you Iris, Lani, and of course Jackie for help making this event a success.



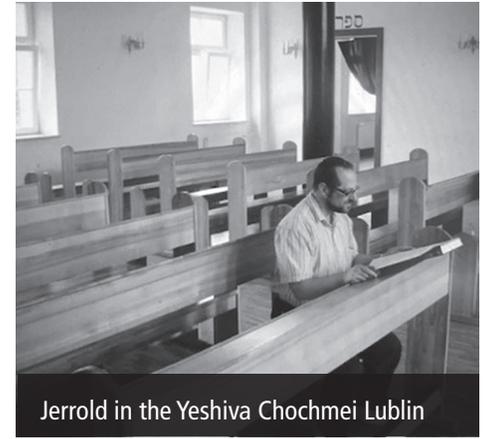
Łódź synagogue



At Kock (in English Kotzk) Rebbe's tomb



This is a photo of the Belzec death camp in Poland. Jews met their death within hours of arrival. There were no known survivors from this death camp. Few people know of Belzec.



Jerrold in the Yeshiva Chochmei Lublin

May we be able to have next year's programme live with herring and shnaps.

Mort Silverberg.

ISOLATION, QUARANTINE... GOSSIP

Isolation conjures up a particular image over the last while. But this isn't another COVID story. I want to bring your attention to the type of isolation that can sadly affect anyone of us.

Toronto Alumni has many members, and unfortunately bad things can happen to good people. You can call us a "Fraternity" or call us a "Society", whatever you wish, but in all cases, we are bound together within our legendary AO Triangle.

When life proves difficult for an AO member sometimes word gets back to the executive, sometimes not; and sometimes it's assumed that we know already. This isn't always the

case. Sometimes we are just unaware. But we care and we want to know.

Do you know of anyone who could benefit from a friendly phone call whether it is for an illness or a loss? Perhaps an acknowledging note or card just to say we are here for you? Could you yourself use a shoulder to lean on?

If you are so inclined then please feel free to contact any Line Officer, executive member, member-at-large, our executive secretary, or myself directly. Allow us to be more than a colleague to anyone who is part of our AO Family. No one needs to feel isolated.

Your AO representatives are not looking to

pry or tread into matters of privacy. This is not gossip. We want to provide an outstretched hand to show we care about our members' welfare.

We are here to offer empathy and compassion.

With Sincere Intentions,

Stan Markin

AO REVIVAL BOOKCLUB

AO Revival Bookclub Author Series on Wed March 31st, 2021 with Ellen Schwartz.



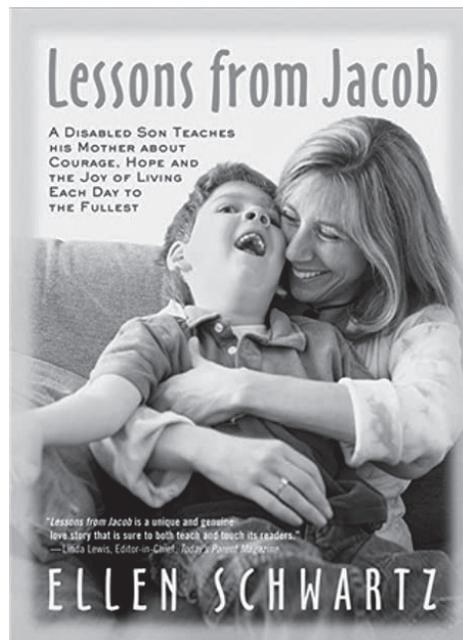
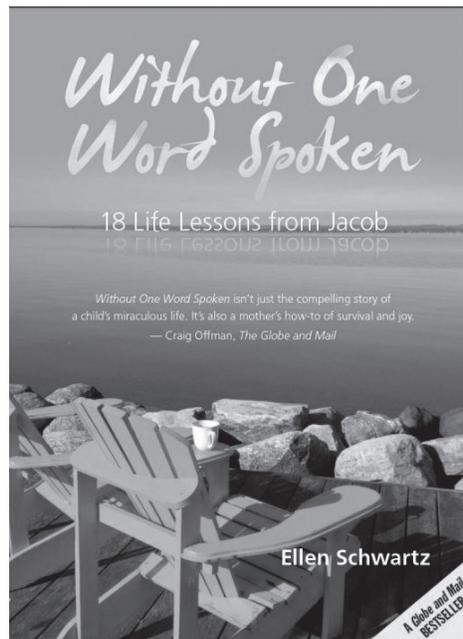
We had the absolute pleasure and privilege to hear Ellen Schwartz speak about her life and lessons learned, her two books and her philanthropy on Wed March 31st, 2021 at 7:30 pm on Zoom. This event was open to AO members and their families and friends. All proceeds from this event were donated to Project Give Back, a charity that Ellen founded that teaches empathy and philanthropy to grade 4 students in the public, private and parochial schools in and around Toronto. We had 49 people registered for this event on Zoom. Tickets for AO members and their families were \$20.00 per computer and all guests were \$25.00. We were able to raise \$1,045.00 for her charity.

Ellen is an elementary teacher, community leader, author and public speaker. As founder of Project Give Back she links her decades of teaching with her personal passion for charitable causes. She co-founded Jacob's Ladder, Canadian Foundation for the Control of Neurodegenerative Disease. Jacob's Ladder raised over three million dollars towards research, education, awareness and therapy into neurodegenerative illnesses.

Ellen's first born son Jacob was born with a rare, fatal, congenital neurodegenerative illness called Canavan Disease that left him unable to walk, talk, see or eat. Doctors told her and her husband that Jacob would not live past his fourth birthday and was on borrowed

time. Jacob lived until his 21st birthday.

Ellen has written two books about her journey and her new found outlook on life- *Lessons from Jacob: A Disabled Son Teaches His Mother About Courage, Hope and the Joy of Living Life to the Fullest and Without One Word Spoken*. *Without One Word Spoken* rated a National Best Seller by the *Globe and Mail*.



Ellen has been honored by the Israel Cancer Research Fund, Ve'ahavta, Aish Toronto, Sick Kids Hospital and Brilliant Minded Women. She was awarded a Queen's Jubilee medal, the Meritorious Service Decoration by the Governor General of Canada, and a Canada 150 Exemplary Canadian medal.

I have had the honour of knowing Ellen for the past 22 years. She is a true ray of sunshine, emits beautiful and positive energy even at times when others would not be able to do so, and is a pillar in the community. She has always strived to give back in the most generous of ways. I was lucky enough to sit on the Jacob's Ladder board from just past inception to the Fall of 2019 when it was dissolved.

It was such a pleasure and a treat to have the opportunity for Ellen to share her wisdom with Alpha Omega. She is a true inspiration to all who know her and a beautiful human being. Thank you to all of you who attended. For those of you that were not able to make it you can still purchase Ellen's books on her website projectgiveback.com by going to the Kindness Store. If you click on the link for her book bundle, which includes both of her books, she is graciously giving all AO members the first book free when you buy both. Put AO in the coupon code and the discount will be applied on check out.

Faternally Submitted by Dr. Laurel Linetsky-Fleisher

SLICE OF PI



Brett Foy

Dental school has been an amazing experience. I've learned a little about teeth and a lot about life. Thank you to all the people that made it great, including AO. In the future I am very strongly considering a career in real estate.



Donna Ensan

I can't believe it's already been 4 years since I began my journey as a dental student! Dental school may have been a crazy rollercoaster ride with lots of ups and downs, but at the end of the day I am so thankful for all of the lovely people that I met and the opportunities that AO has provided me with. Can't wait to start the next chapter of my life as a GPR resident at NYU Langone!



Gabriella Aber

Attending the University of Toronto Faculty of Dentistry and being involved in AO provided the opportunity to grow personally and professionally, establish relationships with dental students and alumni, as well as involvement in various philanthropic engagements. After graduation, I will be specializing in Orthodontics at the University of British Columbia.



Michael Silva

Dental school was a tough process, but what made it memorable was the experiences. I am so happy that AO allowed me to meet many wonderful people that made this journey that much better. Next year I will be continuing my education at the University of Toronto in the Graduate Periodontics Department and I am extremely excited about this next chapter of my life.



Matthew Choi

Dental school was the place where I made 120 lifelong friends who will share similar career paths as me for the remainder of my time. These 120 friends will always have a special place in my heart as we can look back at our time here with happiness and fondness. Following dental school, I hope to connect with other members of AO to help increase my network to help facilitate better treatment for all my patients in the community that I will eventually serve.



Noah Gasner

I am very honoured to have been the Pi chapter president this year and getting to meet so many of our amazing members and alumni. AO truly enhanced my education and helped me build connections for the future. After graduation I will be working in private practice in Toronto.



Mo Baharvandy

I am a career-changer in my 30s. Coming back to school after more than 7 years of working as an engineer was not easy. The past 4 years in dental school have thought me a lot, not just in terms of clinical skills but life skills. I have learned to challenge myself, be open to learn all the time and push myself beyond my comfort level. Being part of AO has given me a sense of comfort knowing I am part of a well-established network of alumni and dental professionals that I can rely on to be a successful dentist.



Jenn and Josh Tordman

"We are so thrilled with our time spent at UofT, and believe it has given us an incredible education and foundation upon which we are eager to build. AO has continually supported our journey throughout dental school, in both social and academic respects. We are thankful to our Alpha Omega family for providing us with an incomparable sense of community and ability to make meaningful professional connections.

We are excited to begin our professional careers at the Mount Sinai Hospital Dental Residency Program, where we will have the opportunity to serve our local community while developing our skills as beginning dental practitioners."

REMAINING GRADUATES

Maiya	Yokich
Aaron	Gliklich
Dominic	Ling
Kate	Richert
Monica	Pizzardi
Madelaine	Jong
Gabriella	Aber
David	Hu
Andrew	Lombardi
Ryan	Lichtblau
Christian	Pretto
Nikoletta	Nikoletos
Fady	Guigati
Julia	Diamandakos
Shirley	Wan
Arsalan	Danesh
Annie	Duan



It's hard to believe the end of the year is here. Time has flown by at the AO Pi Chapter!

This year we had a record number of members and saw tremendous growth.

An informative new graduate panel was useful for our third- and fourth-year members. Recent Pi chapter alumni presented on GPRs, specialties, and associateships. A similarly themed AO Canada Residency Night was a team effort of the AO chapters at McGill, Montreal, and Western. Our Board Exam preparatory course was also a great help, and we are proud to say that U of T performed among the top schools across Canada on the NDEB. Keep an eye out for our newly minted grads!

Our members benefitted from a number of academic resources. This includes our famed academic study package, the tooth collection bank (which was a success because of our generous alumni!), and introductory sessions to dental school, patient care, clinics, and charts. Exam reviews were also well received by our members.

Our two virtual cooking nights with @GirlGoneKosher were well received. Participants enjoyed cooking and eating yummy Pad Thai and Cauliflower Tacos!

The Pi Chapter is excited to welcome newly elected leadership for next year. Linnaea Halpert (DDS4) is our President and Stacey Morris (DDS4) is our new Treasurer. The chapter is undoubtedly in capable hands.

We are sad to say goodbye to our beloved graduating members. You can learn more about them in the profiles on the previous page.

We hope you have a great summer and look forward to the start of another year at the AO Pi Chapter!

Max Silver

LETTER TO THE EDITOR

Hi Barry

In Stan Kogon's article there is a factual error. The prostate gland wraps around the urethra and not the ureter. Please forward this to Stan.

Cordially
Dr M Fremar

Stan Kogon responds

It was a visual 'typo' I saw urethra and typed 'uretor'.

Thanks for noticing the error and no help from spell-checkers.

Stan

Hi Barry:

Brickman's article in Tablets magazine describes what was typical in most dental schools in Canada and U.S, I daresay also in medical schools. There were many antisemitic incidents at Faculty of Dentistry in Toronto when I was a student in the 40s. I was advised by a professor in the prosthetic lab to quit, would never graduate. I got an A! In the Brickman article Bruhler, president of Emory University tells a student "I don't know you Jews want to be dentists. You don't have the hands" Dr. Harry Jolly PNP of AO asked Dean Arnold Mason Faculty of Dentistry Toronto why only 4 Jewish applicants out of 25 were accepted. His reply, I am paraphrasing 'We find Jewish students do very well academically but do not have digital dexterity!'

Fraternally,
Murray

...1000 WORDS

WAITING FOR THE BUS THAT NEVER SEEMS TO COME

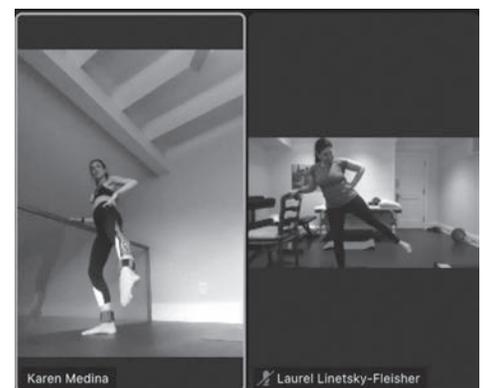
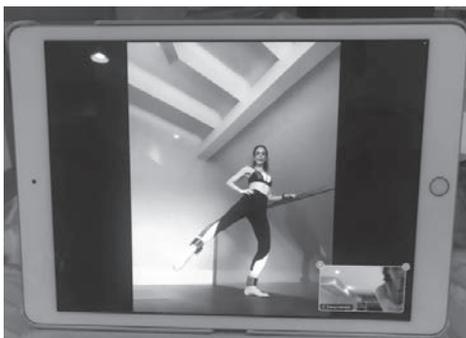
I felt sorry for this poor young woman who kept waiting for the bus to arrive in Bergen Norway. Unfortunately for her the kiosk was installed backwards and rather than facing the bus lane she had a great view of the sidewalk.



AO REVIVAL FITNESS EVENT REPORT

The annual AO Revival fitness event took place on April 21, 2021 virtually. The class was a barre Pilates mix taught by Pilates instructor Karen Medina. The event was well attended by 20 participants who all had a great time and felt the burn! Proceeds from the event will be donated to the JF+CS lab to support dental lab fees for participating dentists. This is always a wonderful event and we are glad that so many were able to join us from their homes to get their fitness on!

Tracey J Hendler



31 Years and the Positive Impact Is Undeniable

ALPHA OMEGA DENTAL VOLUNTEER PROGRAM

This year marks over 31 years for this remarkable program, whereby Alpha Omegans generously provide much needed dental services to those in need. This program is now needed more than ever with increasing hardships during the COVID-19 pandemic.

For the past **31 years**, the AO Dental Volunteer program has asked Alpha Omegans to treat people in the community who were in need of dental work. These patients are referred to us from Jewish Family and Child Service (JF & CS). The typical client has been described by JF & CS as "having limited income, who without help from Alpha Omega would find dental services difficult to obtain." The program has been a great success with over 1000 people being treated over the last **31 years**. The services covered are emergency care, basic restorative procedures, as well as removable prosthesis and some specialty services. This is a much needed and greatly appreciated program, but success depends on Alpha Omegans who are willing to volunteer or re-volunteer to treat one or two patients a year in their office. We are counting on you to continue your support, no matter where your office is located.

For more information and to register, please contact the office at info@aotoronto.org or call 416-250-7417

What do you know about the AO Dental Volunteer Program? Your questions answered!

How does the program work?

Clients are referred from JF & CS for a specific dental need. We try to match them to a volunteer dentist nearby who can help address their chief complaint.

I'm happy to donate my time, but what about a lab bill?

In cases where lab fees are incurred (eg dentures), lab fees are reimbursed by a special fund. You may send the case to the lab of your choice.

I'm a specialist. Do you need my help?

Yes! We have referrals for all sorts of dental needs and specialists can play a role in this program too.

What are the benefits of this program?

Endless!!! Not only are you helping someone in need, but it will give you something to smile about too.

Thank you to all of the volunteers who have helped make this program a success over the years. Please consider volunteering this year! We have seen a tremendous number of referrals recently and want to ensure we have volunteers to help.

Sari Hershenfield

WHY O WHY



Most readers of *Aorta* completed an undergraduate dental education and during those years encountered three types of educators. If you were fortunate, you experienced a few who were charismatic and devoted to sharing the intricacies of a profession that they obviously loved. They treated students fairly, stimulated enquiry and most importantly provided a moral and ethical role model. Even if you did not experience these exceptional teachers, most full-time and part-time instructors were skilled, engaged in the task and obviously doing their best to provide a quality education. However, you may also have been exposed to a few teachers who could only be described as mean-spirited and who lacked any degree of empathy for the student struggling to learn difficult clinical procedures and patient management. These problematic instructors may just have been irascible types (who did not belong in a teaching environment) or they had personal insecurities exposed when confronted by a questioning student. In either case, until the 1980's or so, these teachers survived and sometimes flourished simply because students did not ask questions for fear of the consequences. As a student, you did exactly as you were told. Like it or leave it.

In the 1990's, the healing arts professions were exploring and implementing evidence-based clinical management. Clinical practice guidelines based on systematic reviews of the literature were finding their way into practice. What we did not know was being exposed and what we thought worked was often found to be flawed. Academia and regulatory organizations, always a bit slow to change,

were not at the forefront of this new wave.

I remember attending a symposium which addressed the application of evidence-based concepts in dental education. I was asked to contribute to a discussion of potential conflicts with teachers. After 20 minutes expounding on the topics of training, understanding levels of evidence, using reference sources and similar matters, I suggested that it might take a generation of teachers to make the shift. I sensed a level of unease from the audience. I continued; dentists, whether they are clinicians or academics, regard themselves as content experts. They are decision-makers and develop or rely on techniques which yield predictable outcomes. These routines become engrained and contribute to the clinician's professional confidence. Change does not come easily because the gold standard is the dentist's personal choice of clinical intervention. But what if evidence shows that what one has been doing or teaching, does not provide the best outcome or has less than full-some scientific support? To suggest that academics and clinicians will immediately adopt clinical guidelines that differ from their innate experience is a pipe dream. I concluded my talk and returned to my seat noticing what can only be described as a perfunctory bit of applause. A colleague sitting next to me leaned over and whispered, "you must have hit a nerve."

Returning to our discussion of teachers, let me suggest, that the mean-spirited irascible teachers are mostly gone, but in their place are some who find difficulty in accepting evidence which does not support their personal views and who express their objections in their interaction with students. Often, students are left in a quandary as to who or what to believe. To demonstrate this pedagogical dilemma, I will present three short tales, each has the question 'why' at its core. These examples, taken from the radiology clinic, are compilations of numerous interactions I have had with students and I assure you it occurs across the entire clinical spectrum.

Sarah has brought a panoramic radiograph to the radiology reading room for assessment. She provides a clinical summary: The patient

is eight years old, new to the school, normal in all respects, dental development is within the range of normal, there are no signs or symptoms of oral facial disease. The instructor asks Sarah to take bitewing and panoramic radiographs. Sarah, remembering her recent lecture 'Guidelines for Diagnostic Radiology' wonders what the justification for the Pan was and asks the question 'Why?' The instructor provides his answer. The patient has never had a Pan and in his practice, he takes one for all 8-year-olds to assess dental development even when there is no clinical indication. Sarah is confused. She knows that not having a radiograph is not justification for taking one and that radiography should not be used to validate normal growth and development. I had to support Sarah who was correct in her assessment of the justification for the Pan. However, I offered the possibility that the instructor might have had something in mind but did not convey it to Sarah and therefore both Sarah and I failed to learn anything in the process, let alone the patient who might have been unnecessarily exposed.

Mike was assigned a 65-year-old male who came to the school requesting new complete dentures. The patient had been edentulous since the age of 35 and had worn complete dentures since that time. At 45 he had a second pair made which he used without complaint. These dentures had worn posterior teeth, been relined once, and repaired twice and the plastic bases had discoloured. He wished to have a new set made. Clinical exam revealed no soft or hard tissue abnormalities. The instructor ordered a Pan. Mike asked 'Why?' The instructor said, "Because that is what I do in my office." Mike pressed on; "I really don't see the need". The instructor answered, "You always have to protect yourself from lawsuits".

Carl brought a Pan of a 12-year-old girl who was being evaluated for orthodontic treatment. Carl did a thorough review which was correct in all aspects except one. I asked Carl why he did not notice the congenitally missing mandibular incisor? Carl was a bit shocked. I said I would not mark him down if he answered my question correctly. Why did I find the missing tooth and he did not? Carl looking a bit befuddled blurted out that

I must be smarter than him. I said that was the wrong answer. The correct answer was- I counted teeth. I told him that I count teeth for every new patient, and he might consider doing the same. The story continues; about 10 years later, I was reading my newspaper at Union Station waiting for my train to London. I heard someone call out "Dr. Kogon, is that you?" It was Carl. He was waiting for his track to be called for his GoTrain commute. He sat down beside me, and we exchanged pleasantries. Then, unexpectedly, he asked if I had ever won the annual teaching award. I said, "No." "It doesn't surprise me" he said. "You were a good teacher, but you pissed off a lot of students." "How so?" I asked, not too anxious for a response. Carl related that I often asked 'Why' questions in my lectures and clinics. Questions which were not specifically related to the subject. Why is an understanding of histology important? Why did your 28-year-old patient come to the clinic with his mother? Why did the patient's pain disappear? Why did your patient seek care after 25 years of neglect? Students were uncomfortable not being able to answer or discuss material which seemed off topic. Although you were often nominated, you were not widely supported. When you suggested that I should count to 32 for every patient, I thought you were putting me down, so I also voted against you.

Thankfully, Carl's train was called. Before he left, he said. "I count teeth for every new patient and over the years I have found more than a few interesting diagnoses and once corrected an orthodontist. As far as your lectures were concerned, you pissed me off as well, but now I understand that Dentistry is not neatly divided into chunks, everything counts. Glad to have seen you" He shook my hand and raced off. I tell this story not for any self-aggrandizement but to emphasize that teachers as well as students should never retreat from asking the 'Why' question.

In the last two decades there has been an obvious change in the ethnic diversity of both the dental class and the teaching faculty. Many students derive from cultures which hold professors in high esteem and relegate the student to passive receptors of knowledge. Students will not ask 'why' questions because it is considered an affront to the professorial status of the teacher. In addition, I am aware of some members of the faculty who are offended if a student challenges the formal professor/student relationship. These are not easy behaviors to change. I have told these students that they are paying a great deal of money for the right to ask one question – why? And if the question provokes a negative response from the teacher, it is the teacher's issue not theirs.

I realize that eliminating this cultural barrier to education is easier said than done. I will predict, just as I suggested that accepting clinical guidelines may take more than a generation of teachers, this reluctance to ask and answer why questions may do the same.

Stan Kogon



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AO REVIVAL BONNIE STERN COOKING CLASS



Bonnie Stern



Bonnie Stern

AO Revival had the pleasure and privilege of hosting a Zoom Israeli Family Dinner cooking class with renowned chef Bonnie Stern. Bonnie is the founder of the Bonnie Stern School of Cooking in Toronto. She has studied and taught cooking around the world, authored 12 best selling cookbooks, hosted three national cooking shows, and appears regularly on various television and radio shows across Canada. Most recently, during this pandemic, Bonnie has been working on a new cookbook with her daughter.

We had a fabulous turnout of 61 attendees on the evening of April 29. Bonnie took us from start to finish on four wonderful and delicious Israeli dishes. We learned to plate hummus like a pro, made a spectacular and exotic fig, beet and goat cheese salad. We roasted halibut with chraime, a delicious North African tomato sauce, which not only tasted fabulous but looked spectacular when plated. And finally, Bonnie completed the meal with a demonstration of

a chocolate soufflé roll with espresso cream, which was as delicious as it sounds.

Beyond her fabulous recipes, Bonnie is a wealth of information. She shared so many tricks and tips on an array of subjects, as well as supplied many shop and restaurant recommendations. Bonnie was a new highlight for AO Revival, but we hope to be fortunate enough to have her back again soon. Bonnie publishes a free monthly newsletter with information about her book club, food topics, recipes, restaurant recommendations and more. To subscribe or ask Bonnie any questions, she can be reached at bonnie@bonniestern.com and can be found on Instagram @bonniestern.

We have received incredible feedback from this evening. Whether people cooked along, or just listened and watched, it was an amazingly informative and entertaining night. We even generated a surplus of funds which has been

donated to the CAMH Dental Clinic. We hope to “see” you at our next events.

I want to thank Jill Ziedenberg for her invaluable help in putting this event together.

Respectfully submitted by Laurel Linetsky-Fleisher



Robin Kutner

*******ATTENTION FRATERS*******

CHANGE OF ADDRESS FOR 2021-2022 ROSTER

In order to keep our records current and our roster up-to-date, please check your listing in this year's MEMBERSHIP ROSTER. For any changes please complete the following form CLEARLY and return it by: Fax: 416.250-8668 or Email: info@atoronto.org

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****THE DEADLINE FOR CHANGES IN THE 2020-2021 ROSTER IS: JUNE 30, 2021****

*****NO CHANGES WILL BE ACCEPTED AFTER THIS DATE*****

GRADUATING STUDENTS' FAREWELL ZOOM BRUNCH MAY 16, 2021

On Sunday May 16, 2021, the Line Officers, and a few Toronto Alumni, including Dr. Jack Bottner from London Ontario, held a fun, casual and off-the-cuff brunch with 9 of the Pi Chapter 4th year students and 7 of the Beta Delta 4th year students. What a great turnout! These soon-to-be new graduates are to be truly congratulated for accomplishing their education and clinical credits at a time when there were so many Covid-19 restriction and lockdowns. The schools were not fully prepared, and the students had a dose of reality and a lot of anxiety about getting their required training. Administration and students at U of T and UWO dental schools deserve an ovation. In fact, when the Zoom Brunch ended, we all unmuted ourselves and gave a literal standing ovation.

The Brunch was virtual, of course, but Bronwyn, my husband Mark and I delivered a nice catered bagel lunch to the Pi Chapter students in the GTA. While the students were busy eating a pre-Shavuot meal, the Line Officers shared how each of us love the dental profession and how Alpha Omega has enhanced our lives and why we are so committed to the Fraternity. The students shared their immediate plans upon graduation and a favourite dental school or Alpha Omega

moment. The most-repeated answer for their favourite moment was the great connections with their dental schoolmates and their strong friendships from the past 4 years. We all agree that keeping these connections alive and flourishing is much easier to do when you have a common interest and opportunities to meet as in Alpha Omega.

I am pleased that in this second year of the pandemic, we had a chance to meet the dental students and let them know that we want them as Toronto Alumni and that we are here to support them as they go through their career. We also learned that the Pi and Beta Delta Chapters liked meeting each other FINALLY and that there need to be more opportunities for them to connect during their dental school years.

A big thank you to Bronwyn Shepherd for working closely with me in such a short time. Thank you to Noah Gasner for orchestrating the meeting and invitations. As well, a thank you to Emad Fard and Natalie Rubinger for bringing in the Beta Delta crowd. Noah, Emad, and Natalie were presidents of their respective chapters and have done an amazing job of creating programs, both social and educational, that have created a lifetime

of great memories. We hope that next year we can go back to our in-person format of dinner or a brunch, and yet we made the most out of the Zoom format that allowed us to meet more of the students from the two Ontario dental schools.

Enjoy the summer everyone.

Sincerely,
Iris Kivity-Chandler



WHAT'S HAPPENING THIS WEEK AT DVI IN JERUSALEM

THIS WEEK AT DVI: Dr. Sarit Palmon runs DVI's free dentures project, which serves needy Holocaust Survivors and other poor elderly. This week a rocket landed near her home. And what we saw at DVI THIS WEEK was Dr. Palmon treating a suffering elderly Muslim patient, Bakrya Dajani, with care and compassion.

Bakrya is an eighty-year-old Arab resident of the Hod Nursing Home in Jerusalem. She had been hospitalized recently, and during this time her dentures were lost. She was accompanied to DVI by her nephew, who also served as her interpreter. Although married, she never had any children and her nephew does his best to help whenever possible. Bakrya's husband is blind and completely homebound and cannot be accommodated in the nursing home with her. Bakrya is now confined to a wheelchair because of wounds on her feet.

Being completely toothless, Bakrya's overall health has suffered significantly as she cannot eat any solid foods. Her speech is severely impaired and her overall situation is quite difficult. She is very much looking forward to eventually receiving new dentures and enjoying the "small things in life" like eating and speaking once again.

Michelle Levine
Director, International Relations & Development
michelle@dental-dvi.org.il
<http://www.dental-dvi.org.il/>

Dental Volunteers for Israel provides free dental care and oral hygiene education to thousands of at-risk youth and needy elderly in Jerusalem every year, thanks to the benevolent support from our friends and visiting volunteer dentists from around the world.



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MUCH ADO ABOUT NOTHING. (I THINK I STOLE THAT)

by Steven Brown

First things first. Let's get off on the right foot. Let me apologize if I repeat any things from any of my previous dissertations. Even my favourite novelist - Dostoyevsky repeats himself in his numerous novels. And he's one of the preeminent novelists of his time. I'm just Brown. So following in the footsteps of my favourite author - Fyodor. Here we go.

Rodney Dangerfield used to say " My school was so tough, in grade 5 when the teacher asked what came at the end of a sentence, we all yelled WE APPEAL!" MY high school was so tough, when we matriculated, they took our graduation pictures, and then they took our fingerprints. And let me say right off the bat. Making things flow is overrated. Therefore, a patient, (not a client, not a customer, and not a guest), was in this week, and I asked if she'd been flossing. She said " Oh, oh. Now I'm flustered." I said, "No you're not. You're flosstered." Speaking of floss, have you ever passed an interestingly named store? I just passed a store called 'Bed, Bath and Electronics'. And they're paying rent for that location. I have a great idea for a business, and I'll only need a sign on a truck. It's portable. It's going to be called 'Landscaping and Hair Removal'. I don't care if you laughed or not. My wife did. Furthermore, I love playing solitaire. I just hate playing alone. As well, when teaching at the school, a bunch of us hang around afterwards and discuss relevant, and irrelevant issues of the day. Some older instructors were talking about memory issues. So I chimed in with, "I have a fantastic long term memory. I remember things about people that they don't remember happened to them, that they told me about 30 years previously." So one of the students asked me how I was with dates. I replied, "Well, I went out with a lot of girls, and I think they were satisfied, but you'd have to ask them."

Now, you may be reading this in the summer, but at the moment, it's still April. My wife said "Let's go get impatiens for the house. I told her it was too early, and she was being too impatient. Stupid? Probably. But think of how stupid the average person is, and then realize how much more stupid the bottom half are. (George Carlin). And to prove my point. We can all agree we live in unprecedented times. But from Jan.20, 2017 to Jan. 19, 2021 Americans lived in unpresided times! To prove these

are unprecedented times, where everything is upside down and backwards. (The Bizzaro World. - Google it), I don't care if I get stopped by the police for being out after curfew during another lockdown. Let them put me in jail. I'll get my 2nd vaccination sooner. Moreover, about curfew, and lockdown. My daughter was worried about visiting us, and getting stopped. I mentioned that if she did get stopped by a cop, to just tell them that you were going to see your dentist. But back to after clinic talk. A lovely Asian lady instructor, (and yes that's important) opened the flood gates on this one, and she has a wonderful sense of humour as you'll see presently. She said to 3 of us - " With your masks and glasses on all the time, all you white instructors look the same to me." So when she went on to tell us that her daughter had just started at Queens University, and she went to Orientation for the sole purpose of getting drunk, I said that that was terrible. She responded by mentioning that all the students go for that reason. I replied, I wasn't against going to get drunk. I know that's why they go. But that it was terrible because they were making her attend "Orient - Asian. I then asked if she was familiar with Taiwan, and she said of course she was. So I asked her if her daughter went there for the sole purpose of getting drunk, and if she was only going to Tie-one-on? To boot, if you consider stupid once more, do you know what happens when you lose half your IQ. You become Q!

And on to the Olympics, which are coming up this summer; or not. Did you know that the high jump record is higher outdoors than it is indoors? It's true. I was wondering if it has anything to do with the ceilings. Likewise, when I was listening to a radio call in show back in the good old days, they were talking about angels intervening to stop a catastrophe, and wanted to hear people's stories of same. A man called in to tell about the time he was standing at a bus stop, and he heard a voice telling him to walk down to the next bus stop before the next bus arrived. So he did. And lo and behold, the next bus crashed into the previous bus stop, and killed a person waiting. And that would have been him. So obviously I had to call in and say that wasn't fair. Why you ask? I told the host - "How about all the people that heard a voice telling them to move down one stop, and THEN got hit by the bus because they listened." They'd be alive, but they listened, and now they were dead and couldn't call in to give their side of the story!

And another little known story. Actually no one knows. 2 or 3 times a year, I'll kick my wife pretty hard during a nightmare, to get the monster off me. Last night when I did it again, she'd had enough and yelled relentlessly at me. I told her this time it was OK. I had been playing soccer, and I just scored the winning goal. She still wasn't happy. Selfish, selfish, selfish. Additionally, this just came to me while reading Deuteronomy. Do you think anyone in the last number of years had twin boys and named them Cain and Abel? I don't go back all the way to the beginning, but I am pretty old. And let me tell you, you'll really miss the good old '70's. Especially when you turn 80. Give it a minute. I've got time. OK. Times up.

Still, as a specialist in the oral and maxillofacial complex, a couple of gems. (Maybe not.) I tell all patients. You have 2 brains. One in your head, and one in your tongue. And you don't have any control over either of them. So when it comes to pizza, and you know it's still too damn hot; you are going to burn the roof of your mouth anyway. Your tongue is always going to win. Always! You have no chance against your tongue. Also, my oldest has a 7 month old, and she's been telling me for the last 2 months that she's getting her first tooth. (Her daughter. Not her.) And, can I look and see? So I took a look, and I assured her there was nothing there yet. And she, and her husband both chimed in at the same time - "Are you sure?" OMG! I'm a dentist!! But back to presidents and the difference between Canada and the U.S. In America 'Open Carry' refers to guns. Whereas, in Canada 'Open Carry', refers to Molson Canadian. Glad I live in Canada.

Now, once again remember Dostoyevsky. I may be repeating myself from previously used material, but I'm relying on the fact that you don't have an incredible long term memory, and if you do, well cut me a break. So here goes. A long, long time ago, in a galaxy far, far away, (OK. Stole that. Everyone knows that.) my wife mentioned she'd like to live by the water. But we'd only been in our house a few short years. So rather than incur all the expenses of a move such as realty fees, and land transfer tax, etc., I put in a sprinkler system. Now when she brings up living near the water, I just turn on the sprinklers. As well, I just heard the words cell phones, or maybe it was an angel. Doesn't matter. I'm a late adopter. A very, very late adopter when it comes to technology. I still

don't have a cell phone. Really. No! Really. I'm not kidding. People always ask me how I get along without one. What if something is really important. Well, there are probably 3 or 400 things each day that aren't, that I don't want to hear about. If it really, really is important, I'm sure I'll hear about it soon enough. Just like in the good old days. "We need bread" isn't important. As my daughter would say - I rest my case.

Survey. Do you ever wonder if a palm reader has to put on their reading glasses first? And this one is for my kids, because my wife thinks I'm crazy, but at this point in my writing career, who doesn't. Anyway, as I said I do it for my kids. I've learned during this pandemic, if you throw out a little every week, and I mean every week, and don't replace it, and you don't buy anything else; one day when you have to downsize, your kids will thank you. Because you'll have nothing left. But you have to do it every week! Furthermore, the other day I guess I said something that offended one of my kids, and she said in reply - "Dad, you're the smartest, meanest person I know." What could I say? What was there to say? I Said "Thanks." And have you ever wondered how you can be nonchalant, when there is no chalang? Also, my son says his superpower is, he can't get a cavity. Well I have one too. Not a cavity. A superpower. I can fall asleep as soon as I turn the radio on at night. The problem is, the sleep button starts at 30 minutes. I wish it started at 30 seconds. And now that you've already tried Barry twice. Let's see if we can drive him crazy. You need to know misogyny can work both ways. In this case, seeing as how both sexes do it, shouldn't it be called 'person-iplation'?

As well. Do runners run in your family? I guess if they're runners, they have to. And these commercials are driving me to drink. So does my designated driver. (Another story). Why aren't there car commercials with cars driving slowly on jammed packed city streets? I can't remember the last time I had to swerve to avoid a mountain goat jumping in front of my car, or a huge log across the road that I had to navigate over, to get to Bruno's. I just remembered this so forgive me. If I was born 100 years ago, it would have been so much easier to invent stuff. Don't you hate it when you think of a great idea, and you make a prototype, only to find out it's already been invented. All the good stuff has already been taken. I know we're all smarter than the average bear, but when we graduated why did we get our

'dee-ploma?' Shouldn't we have received our 'Aye-ploma?' I know. Another dad joke.

Additionally, after being a perfect tenant in my building for the last 35 years, I've been informed by my 7th landlord, that in the near future my building is being torn down for another much needed 37 story condominium at Yonge and Eglinton. I guess you just can't fight digress.

As usual let's close with dental. I was amazed at how many patients showed up at the office during the latest emergency lockdown in the province for their emergency cleaning. And I'm sure this is an anomaly, but I recently found in a little container, while cleaning for the 76th time during Covid, my kids baby teeth. 45 baby teeth. I know. I know. I'm a dentist. You have 3 kids and there should be 60. So call me a bad daddy. I only retrieved 45. Anyway I showed them to my oldest, and told her I only had one problem, and asked her for help. Could she tell me which ones were hers? Let it also be known here and now. I enjoy immensely, teaching at the Faculty. One of the main reasons is, you can get other experts' opinions, and then ignore them, because you know you're right. So remember. Don't let your patients affect you, when you can affect your patients. Does that even make sense? Maybe. Let's read it again. Go ahead. I'll be here. At this point who cares. But more important, unlike general surgeons who anesthetize their patients, if dentists lose their patience, we'll lose our patients. I know impatiens. Get over it. I ain't no pro. But I do love double entendres. If I was a specialist, that's what I'd specialize in. Double entendres. Sooooo.... Here it is. - In dentistry, I don't stand for anything! - No explanation needed I hope. You're a dentist!

Many of you will be familiar with my Ortho friend Dr. Ronnie Landsberg. He once told me he had attended an orthodontic course in Texas in which the very highly accented speaker was talking about an easy way to create room in the lower anterior region. (You see. I really am a dentist.) He was explaining about slenderizing the incisors. But with his heavy southern drawl, it came out as 'slanderizing'. Do they have an RCDS in Texas? One more question. If a wife and husband, (both dentists), were thinking of accepting an orphan into their home until a suitable adoptive family could be found, would it be considered a 'flosster' home? FINALLY! I'm not an unbiased observer, but here

is what I consider some very good advice, and topics for discussion. Get a pen. Ready? Good.

1. When it comes to cars or appliances, the fewer buttons the better.
2. Never put a glass of tequila next to your laptop! It could easily turn out to be a \$1459 ounce of tequila. Keyboards are not water proof. And they're not tequila resistant. They're not even water resistant. After my yelling and screaming brought Paula into the kitchen where I was working, she told me to keep things in perspective. I told her I didn't even know where perspective was. How could I keep things there? And is perspective waterproof?
3. When it comes to breaking negative habits, the first hurdle is always the highest. After you start the process, they keep getting shorter and shorter.
4. The pandemic has taught me a very important thing. "Take a rest. Just do your best!"
5. Remember this. If you fail to fail, you'll forever fail.....and never succeed. Attempt failure. It'll pay off.
6. Live by the acronym, whatever your job or profession. - H.I.T. - Honesty, Integrity, and Trust. That's the best way to be successful. IT'S OFFICIAL. I'm now your PASTOR.
7. LASTLY. There should be more women in politics. There may be some that I can't recall, but I can't think of many aggressive, too quick-on-the-draw, careless women politicians that got us into a lot of wars, damage, destruction, and general mayhem, as men have. The female leaders that come to mind seem to think things through, are mostly compassionate, and aren't very much into world dominance. It's high time we gave Mother Earth back to mothers! And if you disagree with that, I dare you to say it out loud.

In conclusion, if you've gotten this far, I congratulate you. But if you have, and any of the previous drivel has offended you, firstly, why are you still reading? And secondly, if you have been bothered by anything, I can always be reached (24/7), at 1-800-LOOSENUP.

As always, I remain,
SHB

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Stephen & Carole Zamon

Condolences

The Kline Family on the loss of their father/father-in-law

Dr. Laurel Linetsky-Fleisher & Danny Fleisher

Susan Smith on the loss of her mother

Dr. Stephen & Erica Zamon

Alpha Omega/Henry Schein Holocaust Survivors Oral Health Program

PLATINUM CARDS

Condolences

Dr. Laurel Linetsky-Fleisher & Danny Fleisher on the loss of his father

Dr. Cliff & Judy Librach

Dental Volunteers for Israel (DVI)

GOLD CARDS

Congratulations

Dr. Miriam Rosenberg on receiving the Alpha Omega Toronto Chapter Certificate of Merit Award

Dr. Ted & Terri Schipper

Condolences

Dr. Brian Jafine on the loss of his mother-in-law

Dr. Gary & Myrna Gutmann

General Tribute Fund

GOLD CARDS

Condolences

Susan Dan and Family on the loss of her mother

Dr. Michael & Rayna Litchen

Dr. Laurel Linetsky-Fleisher on the loss of her father-in-law

Drs. Andrea Heckler & Guy Aboodi

Dr. Andrew Kay

Dr. Lani Kraus

Al & Roz Katz and Family on the loss of their son

Dr. Mel & Carolyn Kay & Dr. Stephen Kay

SILVER CARDS

Manny Tward and Family on the loss of his brother Frater Howard Tward

Dr. Harvey Orfus & Sheila Steinhardt

TRIBUTE CARDS

Condolences

Mr. Bernard Fishbein on the loss of his sister

Dr. Sheryl Lipton

Miriam Freedman on the loss of her husband Frater Dr. Harvey Freedman

Dr. Sid & Marilyn Weinrib

Sheila Ziedenberg on the loss of her sister

Dr. Murray & Marilyn Wagman

CONDOLENCES TO:

The Family of the late Frater Dr. Howard Tward

Dr. Laurel Linetsky-Fleisher and Danny Fleisher on the loss of his father

Dr. Peter and Susan Dan on the loss of her mother

Dr. Brian Jafine and Dena Oberman on the loss of her mother

TRIBUTE FUND PRICES

1. Tribute Cards \$18.00 each
2. Silver Cards \$25.00 each
3. Gold Cards \$36.00 each
4. Platinum Cards \$50.00+ each
5. Bulk Tribute Cards (10 cards) \$150.00 each

FOR TRIBUTE CARDS:

Donate [online](http://online.aofoundation.ca) at aofoundation.ca

For assistance, contact Harvey Cooperberg at (416) 223-4616, or by email at

tribute@aofoundation.ca

5. Toronto Alpha Omega Forest \$18.00 per tree.

A donation of Trees in the Toronto Alpha Omega Forest in Canada Park, Israel, may be ordered directly from J.N.F. When ordering please indicate the purchase through Alpha Omega Fraternity.

JEWISH NATIONAL FUND (416) 638-7200

ALPHA OMEGA OFFICES (416) 250-7417

or email info@aotoronto.org

or fax 416-250-8668

Hours: 9:00 a.m. to 1:00 p.m. Weekdays Only

Anyone needing help or information with tribute cards, please contact:

Harvey Cooperberg at tribute@aofoundation.ca, or call Harvey at (416) 223-4616. As well, anyone who wishes to volunteer some time assisting with this very worthwhile cause, please contact Harvey as above.

TRIBUTE

Honour a loved one and perform a mitzvah with Alpha Omega Tribute Cards

WHERE DO THE TRIBUTE CARD FUNDS GO?

The Alpha Omega Foundation of Canada distributes funds from the sale of tribute cards to Dentally related agencies such as:

- Dental Volunteers for Israel
- Yad LaKashish (*Services to the Elderly*)
- Beit Issie Shapiro (*Services to Disabled Children*)
- CAMH Dental Clinic
- Dentistry for All (*Clinic in Guatemala*)
- ALEH C.A.R.E.S. Dental Clinic
- Princess Margaret Hospital Dental Clinic

Support Dental Research in Israel and Canada

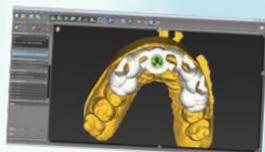
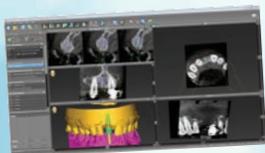
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